



News Notes

#1066 A weekly bulletin for residents of Auroville 13 February 2025



*O seeing Flame, thou carriest man of the crooked ways into the abiding truth and the knowledge.
I purify earth and heaven by the Truth. Rig Veda.*

Pondering



The gnosis is the effective principle of the Spirit, a highest dynamis of the spiritual existence. The gnostic individual would be the consummation of the spiritual man; his whole way of being, thinking, living, acting would be governed by the power of a vast universal spirituality. All the trinities of the Spirit would be real to his self-awareness and realised in his inner life. All his existence would be fused into oneness with the transcendent and universal Self and Spirit; all his action would originate from and obey the supreme Self and Spirit's divine governance of Nature. All life would have to him the sense of the Conscious Being, the Purusha within, finding its self-expression in Nature; his life and all its thoughts, feelings, acts would be filled for him with that significance and built upon that foundation of its reality. He would feel the presence of the Divine in every centre of his consciousness, in every vibration of his life-force, in every cell of his body. In all the workings of his force of Nature he would be aware of the workings of the supreme World-Mother, the Supernature; he would see his natural being as the becoming and manifestation of the power of the World-Mother.

*The Gnostic Being,
The Life Divine, Sri Aurobindo*

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House of Mother's Agenda



Ah, now let's get down to work. Do you know what we have to do?... We have to prepare Auroville's "Charter"! They will put it into the earth; when they throw in the earth from every country, they will put a metal box with the Charter in it, written on a piece of parchment. So we have to write it down... have a few little ideas.

But first there is the charter prepared by G. and the one prepared by Y. Read them out to me, we'll see (*Mother holds out G.'s charter*).

Auroville's Charter (G.)

1. Auroville is the first crucible of planetary man.

Ah, "planetary," he put that in as Y.'s disciple! Y. loves "planetary."

2. Auroville offers itself to discover the deep sources of man's unity with the universe, of knowledge in joy and love.

I don't understand—doesn't matter!

3. Everything in Auroville belongs to the whole earth and Auroville's members are all the beings of the earth.

4. This day, Auroville is solemnly dedicated to serve forever the union of heaven with earth and life.

Heaven? What heaven?

Here is the other one (*Mother holds out Y.'s charter*). It's more literary (!)

Auroville's Dedication (Y.)

1. We solemnly found this city as the first center of a planetary society...

Ah!

...tomorrow's society.

2. We solemnly dedicate this city as the constantly renewed synthesis of the latest conquests of science and the most ancient wisdom.

3. We solemnly set as the chief function of this city the preparation of every child to his highest spiritual and planetary...

There you are!

...destiny, that this city may become the cradle of a new humanity.

Is that all? It's better, but that's not it.

As for me, I didn't put any solemnities.... I didn't write it [at one go], because it's never mental, so it's not organized (*Mother looks for scattered scraps of paper*). From a mental point of view, it's worthless, it's not organized, but a few things did come. It's in fragments, it doesn't hang together (*Mother goes on sorting out her scraps of paper*). I don't even remember what I said.... It's not organized, I don't know in which order I am going to put it... Ah! (*Mother pulls out a piece of paper*)...

First there is a material point which G. clumsily tried to express: it's that everyone is a citizen of Auroville. Here is the true thing (we won't put any solemnities, it's not necessary)...

(*Mother unrolls a big parchment on her windowsill, facing the Samadhi. Perched on a low stool and armed with a huge black felt-pen that draws cuneiform-like letters, she starts copying Auroville's Charter while commenting on it.*)

1. Auroville belongs to nobody in particular. Auroville belongs to humanity as a whole...

So this is the material fact. Auroville belongs... I didn't put "to no nation" because India would have been furious. I put "belongs to nobody"—"nobody" is a vague term which I used precisely so as not to say "to no human being" or "to no nation." And I put "Auroville belongs to humanity AS A WHOLE because it amounts to nothing! Since people can't agree together, the thing is impossible! I did it Deliberately.

Then I don't say anything about "citizens" and all that, I say:

...But to live in Auroville one must be a willing servitor of the Divine Consciousness.

They will all balk at "Divine," but I don't care! You understand, it's the explanation of the Matrimandir at the center. The Matrimandir represents the Divine Consciousness. All that goes unsaid, but it's like that.

The "temple of the Mother" at the center of Auroville.

Then:

2. Auroville will be the place of an unending education, of constant progress, and a youth that never ages.

And then:

3. Auroville wants to be the bridge between the past and the future. Taking advantage of all discoveries...

All discoveries, that is, philosophical, spiritual, moral, scientific, everything—taking advantage of the past.

...of all discoveries from without and from within, Auroville will boldly spring towards future realisations.

And finally, there are two versions:

"4. Auroville will be a site of research for knowledge and means of existence leading to a human unity based on mutual understanding and goodwill."

On another piece of paper, we have, "To give a living body to an actual human Unity."

So we'll alter a little.

4. Auroville will be a site of material and spiritual researches for a living embodiment of an actual Human Unity.

There.

February 7, 1968

<https://incarnateword.in/agenda/9/february-7-1968>

With love and gratitude, Gangalakshmi (HOMA)

Townhall Speaks

ATDC:

Application Announcement 13-02-2025



L'avenir d'Auroville

A. The following Building Application has been received and temporary approval has been issued—announced for information only:

Shanthi V.—Retroactive Building Approval

Project Holder: Shanthi V.

Location/area: Promesse Community

Area for which approval is given: 48 Sq.m

Project brief: This asset was transferred to the steward through the Housing Service; however, there is no existing record of it. The applicant has requested ATDC to regularize the asset and issue an approval certificate to obtain an electrical connection. An application was submitted for this purpose and has been approved by the application team.

For any queries, write to avenir@auroville.org.in.

Joel, Resource Person

Community News

Matrimandir News & Schedules

MATRIMANDIR

Access Information

Please note that the Matrimandir Access team has made **Some small changes to the Access Policy**

- Firstly all Pass Holders and Aurovilians bringing guests will have to sign into a register at the Office Gate.
- Secondly Aurovilians can bring their close family members to the Gardens 4:30—6:30pm daily as long as they inform before 11am on the day of the proposed visit to mmconcentration@auroville.org.in
- Thirdly, all guest houses and home stays please note: Guests only holding Aurocards, who wish to attend the Savitri Readings in the Amphitheatre on Thursday evenings will have to book one or two days in advance at mmconcentration@auroville.org.in
- The Matrimandir Access team also wishes to remind all Aurovilians acting as guides for visitors or guests that your guests can not be treated as friends and brought to the Park of Unity at any time. All Tours and guided individuals and parties should be taken to the Viewing Point.
- The Matrimandir Access team also wishes to remind anyone running workshops and camps that visits to Matrimandir or the Park of Unity are not to be included in the itinerary. All group visits should be to the Viewing Point only. Individuals attending these events who wish to concentrate in the Inner Chamber are welcome to make a booking in the normal way at auroville.org

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders:

- Daily 7—8am, 5—6pm.

Access to the Park of Unity

The Park of Unity:

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday:
8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point

- The Viewing Point is open to the general public on presentation of a Pass.
- Visits to the Matrimandir Viewing Point are free of cost.
- Free passes can be obtained at the Auroville Visitors Centre.
- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Timings starting from the Visitors Centre Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir

- The Inner Chamber is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org
- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

The Matrimandir executive team,
Antoine, Divya Karun, John H., Judith, Sundar K

AMPHITHEATRE—MATRIMANDIR

Meditations at sunset with Savitri

5:30—6pm, every Thursday (weather permitting)

Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.



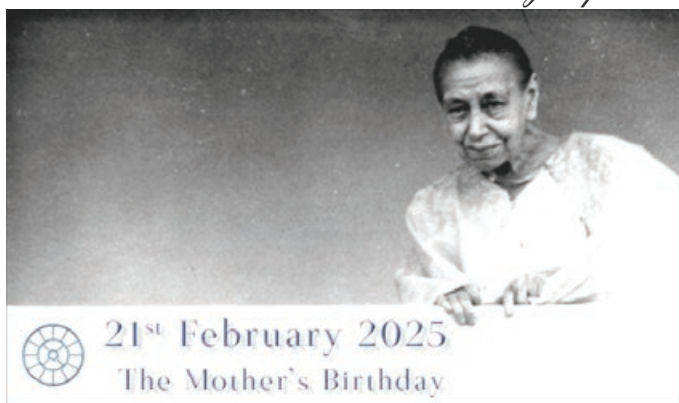
- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.

- **New: Guests with Aurocard** wishing to attend must book at <https://bit.ly/savitri-reading> one or two days in advance, or the very day before 11am. Please bring your Aurocard with you.

- **Access by Office Gate for the Amphitheater only** from 5:15pm. Thank you.

Surya and Velmurugan for Amphitheater team

Awakening Spirit



To celebrate the Mother's Birthday, the Sri Aurobindo Ashram will open the Mother's Room on 21 February for a Darshan. Everyone is welcome to visit the Mother's Room. Below we share with you the options and guidelines for attending the Darshan:

Room Darshan Options on 21 February

- **Early Morning Darshan (No tokens required):** Join the general Darshan queue from 4am onwards. No tokens will be needed until the meditation at the Samadhi begins.
- **Post-Meditation Darshan (Tokens required):** From 6:40am onwards tokens will be required for entry.
- **Tokens** can be collected at the booth near the Ashram Post Office.

Please note: You may need to wait or return later at the time indicated on your token.

Afternoon Darshan for Auroville Residents

Residents of Auroville can pre-register for afternoon time slots (12 to 3.30pm) at Pitanga in advance. Registration details are provided below.

- To facilitate the Darshan visits after 6:40am, the Ashram will distribute tokens.
- Volunteers and Guests of Auroville may collect their tokens directly from the Ashram on the day itself.
- Aurovilians and Newcomers can pre-register for a token at Pitanga, Samasti, during the timings mentioned below.

Registration timings for residents

- **Monday, 10 February, and Tuesday, 11 February**
 - **Morning: 9am—12pm**
 - **Afternoon: 3pm—5pm**

Important Notes

- Please come in person to register your token. If you are not known to the organisers, please identify yourself as a resident.
- If you are unable to register personally, please send a representative with a written request stating the name(s) and number of tokens required.
- Unfortunately, we cannot accommodate requests made via email, WA, or telephone. Sorry for the inconvenience.

Collection of registered tokens

- **Wednesday, 19 February, and Thursday, 20 February**
 - **Morning: 9am—12pm**
 - **Afternoon: 3pm—5pm**

Tokens that are not collected by 5pm on the 20th will be given to persons on the waiting list.

Transportation

The Darshan day falls on a Friday. Please check the News & Notes next week for updates regarding the SAIER bus transport.

We are deeply grateful to the Sri Aurobindo Ashram for their continued collaboration with Auroville in facilitating these Darshan days.

Andrea for Pitanga's team

PONDY TRIPS ON DARSHAN DAY:

21 February

On Mother's birthday, the SAIER bus will

- **leave from Matrimandir at 3pm** via the ordinary route
- **and will return from Pondy at 6pm**

to allow those willing to use AV's collective transport the visit of Mother's room. Tokens are required, see Pitanga's arrangements.

This is not a commercial bus and the offer is for Aurovilians, newcomers and volunteers wishing to have darshan in Mother room.

Paulette

HOUSE OF MOTHER'S AGENDA IS OPEN



House of Mother's Agenda informs you, GangaLakshmi is present at H.O.M.A.

Every afternoon, 3—5pm you have an opportunity to **listen to Sweet Mother.**

You're welcome.


Ganga Lakshmi for House of Mother's Agenda



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health ...etc. You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, Cd & DVD, films & lectures.


- **Open Monday to Saturday 9am—12pm**
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building. *Kalyani*

A weekly study circle on
The Synthesis of Yoga
 - Sri Aurobindo



By **Deepti Tewari**
4:30 pm - 5:30 pm
Every Tuesday

Venue :
 Resource Library,
 Bharat Nivas, Auroville



SAVITRI BHAVAN SCHEDULE, FEBRUARY 2025



Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo: A life-sketch in photographs'** with texts both in English and Tamil is displayed in the upper corridor
- **A special Exhibition Illustrating Savitri** The Mother's Work with Huta



◦ **February 10—28, 2025**

Films: Mondays 4pm in the Sangam Hall

- **February 17: The One Whom We Adore as The Mother.** An audio-visual presentation by the Sri Aurobindo Archives on The Mother's life from childhood onwards, her trainings, her meeting with Sri Aurobindo and the creation of the Ashram and Auroville. Duration: 63min.

Sri Aurobindo wrote: *"The One whom we adore as the Mother is the Divine Consciousness Force that dominates all existence, one and yet so many-sided that to follow her movement is impossible even for the quickest mind and for the freest and most vast intelligence. The Mother is the consciousness and force of the Supreme and far above all she creates. But something of her ways can be seen and felt through her embodiments...in whom she consents to be manifest to her creatures."*

And the Mother declared: *"Between eleven and thirteen a series of psychic and spiritual experiences revealed to me not only the existence of God but man's possibility of uniting with Him, of realizing Him integrally in consciousness and action, of manifesting Him upon earth in a life divine."* Her quest for manifesting this reality ultimately brought her to Sri Aurobindo, in collaboration with whom the divine work was to be done.

An audio-visual presentation by the Sri Aurobindo Ashram Archives on the Mother's life from childhood onwards, her training, her meeting with Sri Aurobindo, and the creation of the Ashram and Auroville.

- The film is also [available on YouTube](#).
- **February 24: Building Matrimandir—Labour of Love 1971—2008.** The Matrimandir is the soul of Auroville; the documentary shows the dedicated work and construction. Duration: 52min.

Regular Activities

- A new class has been started from February
Thursdays 4—5:30pm: Reading *Savitri* in Russian with Anatoli
- **Sundays 10:30—12noon:** *Savitri* Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in *The Life Divine* led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays 4:30—6:30pm:** *Savitri* Satsang followed by OM Choir led by Narad
- **Mondays—Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of *The English of Savitri* led by Shraddhavan
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from *The Synthesis of Yoga* led by Dr. Jai Singh
- **Saturdays 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Deeper Body Work

Doing Deeper Body Work in the Light of Savitri's mantric verses and Huta's paintings with Arul Dev. All are welcome.

- **Saturdays, 8 and 22 February**
4—5pm, @ Sangam Hall, Savitri Bhavan

What is Deeper Body Work?

This is a labour of love to gently shift our body's habits and to turn it to be a servitor of the Divine. Our body has a sponging nature, and it absorbs emotions, energies, feelings and even thoughts of others, from the environments we are a part of and stores all its experiences within its cells. We wish to reverse this habit. Mother's practice within the cells was that the cells themselves were turning upwards and offering themselves to The Lord. We too wish to do this practice and wait for the Divine's action and Grace. This allows us to be practitioners in the work of The Mother and Sri Aurobindo, who continue Their transformational work, in Their subtle bodies, in current time.



*Dhanalakshmi & Margrit
 for Savitri Bhavan*

**VISION AND IDEALS OF AUROVILLE
 with Ela Thole**

16 February, 9am—12:30pm

@ Inside India Office Kalpana, Auroville

- tours@insideindiaauroville.com
- +91 413 2622047
- +91 8524953838 WA only
 Office No. 2, Kalpana, Auroville—605101

Contact us to book your spot! Fixed Contributions apply.
 Aurovilians are welcome for free

Olivier

MOTHER'S FLOWER GARDEN

Near Solar Kitchen, Auroville
Invitation for celebratory programs on The Bases of Spiritual Life



Friday, 21 February

- 10:30—11:30am: "The Secret of the Flowers" talk by Narad
- 5—6pm: Veena Recital by Aurosadhvani Art Centre

Saturday, 22 February

- 5—6pm: Organic Music by Svaram friends

Sunday, 23 February

- 7:30—8:30am: Explore the garden with Narad

Thursday, 27 February

- 5—6pm: Sitar Recital by Basab Sen & Shashwat Parhi

- 10:15—11:15am: "The Bases of Spiritual Life" talk by Alok Pandey

Email: mothersflowergarden@auroville.org.in

Naren and Rabi for the MFG Team

TWO-PART LECTURES

by Marc Auburn on Reincarnation

We are very happy to announce the second of two lectures with Marc Auburn on the theme of "Reincarnation" on:

- **Sunday, 16 February, 9am—1pm @ Hotel Shenbaga & Convention Centre, 432 Mahatma Gandhi Rd, Pondicherry. Theme:** The Process of Reincarnation and How We Grow Across Lives
- **Please be seated by 8:50am**, as the program will begin at 9am sharp.

Although the two lectures are related, one can attend any one of them independently of the other.

Topics covered in these talks include:

The nature of past life memories, The transition at the time of "death", Life in other worlds in between the lives on Earth, The mechanism of reincarnation (how the subtle body connects to the physical, etc), How the soul chooses the material for its personality, How one can access the Akashic memories of a location (Marc has actually experienced the dinosaurs and describes them...), And much more...

The talks will be interspersed with Q&A interactions with the audience. There will be a break in between.

Marc Auburn was 4 years old when he clearly understood that earthly human beings live in a deep dream-state. He still remembers the moment when he said, "I'll be right back" to his friends of the higher worlds just before he took birth. His own memory is continuous, but he quickly became aware that oblivion is the rule for the human mind.

- **Participation:** Free and open to all. No need for prior registration.

More about Marc Auburn:

- **Website:** marcauburn.com/
- **Facebook:** www.facebook.com/marc.auburn.official/
- **Youtube:** <http://www.youtube.com/@MarcAuburn>

Submitted by Manoj

GREEK MYTHOLOGY IN THE LIGHT OF THE WORKS

Of Sri Aurobindo and The Mother

Lecture and questions/ answers

@ Savitri Bhavan, Sangam Hall

Friday, 14 February, 2:30pm, in French

Claude de Warren, a French engineer and Aurovilian, has devoted three decades to deciphering Greek mythology with the constant help of Sri Aurobindo and the Mother.

He rediscovered the coding keys and applied them systematically to the myths, which turned out to be an extraordinary description of the spiritual path, its challenges, obstacles and pitfalls, as well as the forces that intervene to support the seeker or force him or her to undergo greater purification on the path to freedom.

The lecture will outline the progression of the spiritual path up to the great reversal illustrated by the Trojan War and Sri Aurobindo's poem Ilion, which is also relevant to our time.

- Contact: ilion@auroville.org.in
- Website: greekmyths-interpretation.com
- Youtube Channel: [@ilion-auroville](https://www.youtube.com/@ilion-auroville)

Sylvie

Education

FUTURE SCHOOL OPEN HOUSE

Tuesday, 18 February, 9am—1pm @ Future School

On Tuesday, 18 February, there will be a Future School open house between 9am—1pm.

There will be food, presentations, performances, science experiments, games, and exciting activities such as henna, face painting, and a photo booth, and lots of fun!



Priya for Future School Team

KUILAI CREATIVE CENTRE
(A CENTRE FOR EXTRA CURRICULAR ACTIVITIES IN AUROVILLE)

Follow us

செயல்பாடு ACTIVITY	நாள் DAY	நேரம் TIMING	பெரியவர்கள் மற்றும் குழந்தைகள் FOR CHILDREN & ADULT	வயது வரம்பு AGE GROUP (ONLY 10 TO 20 STUDENTS PER GROUP)
ஆங்கில வகுப்பு ENGLISH CLASS	MONDAY AND THURSDAY	10 AM TO 11:30 AM	FREE	ABOVE 18 years
கையால் செயல்பாடு TAILORING ACTIVITY	MONDAY TO SATURDAY	2 PM TO 4 PM	FREE	ABOVE 13 years
மாலை நேர வகுப்புகள் EVENING TUITION CLASSES	MONDAY TO SATURDAY	6 PM TO 8 PM	FREE	From 1 st Grade to 9 th Grade
கராத்தே KARATE	MONDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
ஹிப்-ஹாப் நடனம் HIP-HOP DANCE	TUESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
சிலம்பம் SILAMBAM	WEDNESDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
பரத நாட்டியம் BHARATHA NAATTIYAM	THURSDAY	3:30 PM TO 4:30 PM	FREE	ABOVE 5 years
குழந்தைகள் விளையாட்டு பூங்கா CHILDREN PARK	EVERYDAY	10 AM TO 7 PM	FREE	ABOVE 5 years
ஒவியம் மற்றும் சுவைகள் ART AND CRAFT	MONDAY TO SATURDAY	2 PM TO 3:00 PM	FREE	ABOVE 5 years

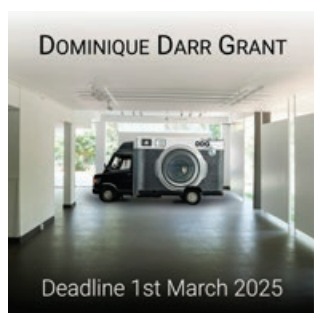
Email: kuilaicreativecentre@auroville.org.in OR kuilaicreativecentre.auroville@gmail.com
WhatsApp: + 91-86084 73385 / 9843195290 website: www.kuilaicreativecentre.org

DOMINIQUE DARR GRANT 2025

Deadline 1 March 2025

The aim of DD grant is to offer the opportunity to showcase young Aurovilians’ talent at Centre d’Art in August 2025.

- **Grant Info:** Funding for an exhibition at Centre d’Art in August 2025
- **Eligibility:** Open to Aurovilians from 14 to 30 years old
- **Prize:** Funds for exhibition production, equipment, stipend
- **Categories:** Video/Photo
- **2025 edition theme:** The sun, the moon and the truth,—Three things cannot be long hidden. (Gautama Buddha).



Timeline

- 1 March 2025: Preliminary project submission deadline
- 15 March 2025: Announcement of the laureates
- 15 July 2025: Final production deadline
- 15 August 2025: Collective exhibition

To apply please send an email to centredart@auroville.org.in to receive the participants kits. Marco

TUITION CLASSES AVAILABLE

- Tuition classes available from 1st to 12th grade level in all subjects.
- Crash course available for 10th and 12th grade level.
- For further information contact ashree@auroville.org.in / 8270512606 WA only.

Ashwini

YUVABE EDUCATION’S BRIDGE PROGRAM

Starting 17 February

Scan to Join WhatsApp Group

Corporate Sustainability

Bridge Program by Yuvabe Education Starts 17th February, 2025

Yuvabe Education’s Bridge Program is launching a 3-month Corporate Sustainability course in Auroville starting 17 February, 2025. Gain hands-on experience in GHG accounting, circular economy, ESG, and decarbonisation through real-world projects and expert-led sessions. The top 5 students earn a paid internship with Yuvabe.

- Interested? Reach out for details. We’d love to connect!

For more details:

- Visit Website: <https://www.yuvabe.com/sustainability>
- Contact: 9677604467/ bridge@yuvabe.com

Follow Us on Social Media:

- Instagram: [instagram.com/yuvabe.auroville](https://www.instagram.com/yuvabe.auroville)
- Facebook: [facebook.com/yuvabe.auroville](https://www.facebook.com/yuvabe.auroville)
- LinkedIn: [linkedin.com/company/yuvabe](https://www.linkedin.com/company/yuvabe)
- YouTube: [youtube.com/@yuvabe.auroville](https://www.youtube.com/@yuvabe.auroville)

Abilash

IMPACT STARTUP ACADEMY

Next cohort starts Monday, 24 February

Sharing details about a 5-week online course offered by [build3.org](https://www.build3.org) which guides entrepreneurs to build startups/ products/ services that tackle important societal challenges and are self-sustainable.



Some of us in Auroville are intending to participate in their next cohort starting from 24 February, 2025 with an intention of reviewing the course’s relevance and value to Auroville and also exploring a possibility of co-creating with them a course with Integral Yoga sadhana as the foundation.

- If this interests you to explore together, contact Deven on flourish@auroville.org.in
- Next cohort starting on 24 February, 2025 (Monday)
- For more details, visit [impactstartupacademy.com](https://www.impactstartupacademy.com)

Deven

VISUAL MATHEMATICS CLASSES

We are happy to bring back ‘Visual Mathematics classes’ to children under 7 years. These classes offer a strong visual base and act as a foundation for the mathematics concepts learned later in school.

We are thankful for the consistent and strong parent support for this activity and we would like to show our heartfelt gratitude to each one of them.

Snehal, +91 9529673687 WA

UDAVI SCHOOL PHYSICAL DEMONSTRATION

14 February, 4:30pm

On behalf of Udavi School students and teachers, we are happy to invite you for a program on ‘physical Demonstration’. It is going to take place on the 14 February at 4:30pm. Please come to the sports ground. See you there.

Davasely, Udavi School team

GEN AI GROUP DISCUSSION

22 February, 10—11am (likely to run longer)
 @ Auroville Online Store, Aurosarjan Complex
 (next to Miniature)



Join us for a lively discussion on the latest advancements in generative AI. We'll explore recent developments shaping the future, including models like DeepSeek-R1 and O3-Mini, capabilities such as multi-modality, and applications like agents and deep research.

Al Majumdar

TREK PRESENTATION

Thursday, 20 February, Thursday at 5pm
 @ SAIER Conference Hall

A few of us from Auroville, youth and adults, had the opportunity to venture out on a trek in the Darjeeling district, the foothills of the Himalayas. We'll be presenting the experience of our adventure to the community. We invite you to come hear our stories and see our photos. *Ashwin*

AUROVILLE LIBRARY

Our Reading Circles

- **Mondays 6—7pm:**
The Prophet by Kahlil Gibran,
 hosted by Malcolm, +91 9080159721
- **Tuesdays 6:30—7:30pm:**
A New Earth by Eckhart Tolle,
 hosted by Debashish +91 7678208825
- **Thursdays 6—7pm:**
When Things Fall Apart by Pema Chodron,
 hosted by Helen & Serena
 +91 7094753054, +91 8489760966

Auroville Library Contacts and Timings

- 0413 2622 894, avlib@auroville.org.in
- **Opening timings:**
 - **Mornings:**
 Monday—Saturday: 9am—12:30pm
 - **Afternoons:**
 Monday, Wednesday,
 Thursday, Friday & Saturday: 2—4:30pm.
 Tuesday: 4—6:30pm.

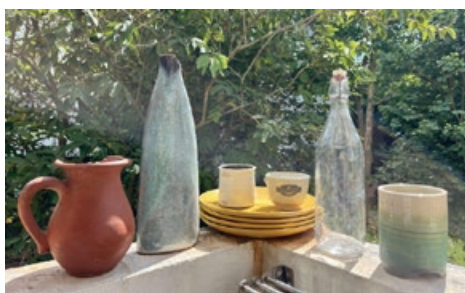
Laura

Ecology

COME & CHECK ECO SERVICE TREASURES

Monday to Saturday,
 10:30am—12:30pm & 3—4:30pm

Dear Community, we are delighted to offer a variety of valuable items at Eco Service, like plates, PVC pipes, repair materials, mirrors, glass bottles, and much more.



We welcome all recyclers or anyone needing such items to take them anytime from Monday to Saturday between 10:30am—12:30pm and 3—4:30pm.

- It's best to call Sumit at 6379669034 to confirm his availability before you come by. See you soon!

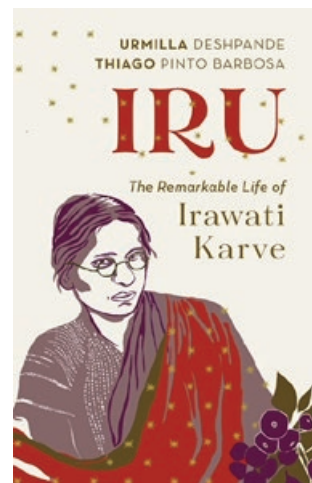
Laura H. for Eco service team

Books

BOOK PRESENTATION:

Iru: The Remarkable Life of Irawati Karve
 Wednesday, 19 February, 5:30—6:30pm
 @ Bhumika Hall

Book *IRU: The Remarkable Life of Irawati Karve*, written by her granddaughter Urmilla Deshpande and academic Thiago Pinto Barbosa, sheds light on the fascinating life of India's first female anthropologist. Her courageous and pioneering spirit took her to Berlin where she, as a woman of colour, pursued PhD at the dawn of the Nazis. She continued with groundbreaking work upon return to India, conducting research and producing writings about Indian culture and civilisation and its caste system that are today part of the curriculum in Indian colleges.



On the occasion of this event the authors Urmilla Deshpande and Dr. Thiago Pinto Barbosa will give a short talk on Irawati Karve, her importance and her legacy within her field and outside of it, read passages from the book and take questions from the audience.

Luise Pape

Health Care

HEALTH FUND: PLEASE SUBMIT MEDICALS BILLS

Dear Health Fund Members,

The end of the Financial year is approaching and like we do every year, we request you to please submit your medical bills from April 2024 onwards. If you have any laying around that is.



We need them before the 27 March 2025! That is our last working day for the month of March. **Medical bills from March 2025 can be refunded in April 2025, but only the bills from March!**

Please don't wait till the last day, and do us the courtesy of submitting them as soon as possible.

Stephen

WEEKLY BABY SUPPORT CIRCLE: LITTLE RED FEET

Every Wednesday, 9am—12pm @ Humanscapes

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Morning Star!



We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one.

Here's what to expect:

- **Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- **A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- **Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

Rotem

ICARE TONOMETER ACQUIRED

We extend our heartfelt gratitude to our donors and AVI USA for supporting Aurokiya in acquiring a Rs 3.5 Lakhs **iCare Tonometer**, a crucial instrument for measuring **Intraocular pressure (IOP)**. This marks a significant step in our mission of **preventive and promotive eye care**, aiding in the early detection and prevention of glaucoma—an irreversible blindness condition known as the *silent thief of sight*.



With this addition, alongside our AI-assisted retina imaging device for detecting diabetic retinopathy and other retinal issues, we strengthen our **preventive care model**. We encourage all residents and community members to utilize these screening tools for better eye health. A key advantage of these portable devices is their flexibility, they can be used for **home visits** for those in need.

Additionally, as part of our **Eye Care on Wheels** initiative, we will deploy them in our **Bioregion Screening Program** to reach underserved communities to ensure comprehensive eye examination. This effort aligns with the **UN's Vision of Eye Care for All** as we strive to eliminate preventable blindness in Auroville and Bioregion and achieve eye care for all by 2030.

- **Support Aurokiya** in our mission to make eye care accessible to all! Ac No: **251595**

Aurosugan for Aurokiya

ORTHOPAEDICS SERVICES AVAILABLE

Dear community, this is Sruthi, 26 years old, an Aurovillian who was born and brought up in Auroville. I have completed my Masters degree in Physiotherapy and I am professionalized in Orthopaedics. I am ready to provide regular home visit care at your place.

Services provided: Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advise, Geriatric care, Myofascial massage (Back and neck), Head and neck massage

Pain is a sign that has to be taken care of.

Kindly get in touch with me if you need home visits.

- Sruthi, 7904769496, WA/ call
- auroshruthi@auroville.org.in

Submitted by Sruthi

AURODENT DENTAL CLINIC:

February Special Offer @ Aurodent!
Brighten Your Smile This February!



We're offering an exclusive 20% OFF on Scaling & Teeth Whitening
Advanced Care for a Sparkling Smile.
Gentle & Professional Service.
High-Standard Dental Treatment

Offer Details: Open to all Aurovilians and Guests

Valid: until February 28, 2025

Working Hours:

- Monday to Friday, 9am—5:30pm
- Saturday, 9am—1pm

For Appointments:

- 9629199328 WA, 0413 2622063 landline
- aurodent@auroville.org.in



Jayasutha for Aurodent

HOME CARE AVAILABLE

I have finished my professional course in nursing (B. Sc nursing)/ I am offering nursing care at your home. I have 3 years experience in home care nursing.

The services like health monitoring, personal care assistance, companionship, medication, injection, all kind of procedures, baby care, elder care.

- sharmisharmila653@gmail.com, 9585944210 WA

Sharmi

OFFERING NURSING SERVICES

My name is Madhi and I'm 26 years old. I've been living in Auroville since my childhood with my family. I have done my bachelors degree in B.Sc (Nursing) and I have two years experience as a staff nurse in hospitals (one year in psychiatric ward, six month in ICU and six month in emergency). Past two years I've been working with private diagnosis and health care in Auroville. **Home visit care for elderly people, bed ridden patient, psychiatric patient, etc.**

Kindly get in touch with me if you need assistance, hospital care, homecare, home visits, or a caretaker. I'm happy to offer my professional skills in the appropriate and proper way.

Madhi, 9597222826 call/ WA, madhiazhagan014@gmail.com

SANTÉ SERVICES



Schedule, February 2024

Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation Currently unavailable	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Berengere: Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday
Acupuncture with Andres: Monday to Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Physiotherapy & Massage with Galina: Monday to Friday	Midwifery & GYN Care with Paula: Monday & Wednesday
Bio-Well Assessment (Evaluation of your well-being) with Helena— inquiry email: adminsante@auroville.org.in	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Santé Services, sante@auroville.org.in, <http://sante.auroville.org.in>

Animal Care

**JOIN THE ULTIMATE PUPPY PARTY
@ Auroville Dog Shelter! 1 & 2 March**

Dear Aurovilians, dog lovers and friends!

Mark your calendars for 1 and 2 March because the Second Annual Puppy Fair is back, and it's going to be bigger and better than ever! We're on a mission to find loving homes for our adorable pups and raise funds to sterilize 1,000 dogs. But we can't do it without YOU!



What's the Scoop?

- **Puppy Playtime:** Cuddle, play, and maybe even adopt your new best friend.
- **Live Music & Art:** Got talent? Bring it on! We have a stage for you!
- **Fun & Games:** Host or join in on exciting activities for kids and adults alike
- **Organise:** Donate your time and energy and help us to make this event a celebration of love

How Can You Help?

We're looking for **volunteers** to share their time, energy, and love. Whether you're a musician, artist, game enthusiast, or just someone who wants to make a difference, we need you!

Ready to Jump In?

Shoot a message to **Arthur** at 8122225266 WA and let's make this event unforgettable!

Let's come together, have a blast, and make a real impact in our furry friends' lives. See you at the Auroville Dog Shelter.

Arthur for Dog Shelter

International

The French Pavilion presents

LA MÈRE RACONTE (THE MOTHER TELLS)

French Practice

from classes given by the Mother at the Ashram

Every Thursday, 4:30—5:30pm @ Pavillon de France

The Mother gave classes in French at the Ashram of Pondicherry in the 1950s. These classes were recorded and gave rise to a book entitled "La Mère raconte". In these short stories, the Mother uses different registers of the French language to express her thoughts in a simple and figurative way.



We offer a workshop for reading the texts contained in this book. The workshop is aimed at people who want to deepen their knowledge of French and the thoughts of the Mother. People with a beginner level in French can follow the workshop. The workshop, lasting one hour, is held every Thursday at the Pavillon de France, from 4:30 to 5:30pm.

Each workshop consists of reading a text in French, understanding its vocabulary and discussing its meaning collectively. For the sharing, everyone can use French, English or Tamil. The workshop is led by Augustin, a volunteer at the Ashram who is fluent in Tamil and English and Jean Francois, a French teacher.

Vivekan

The French Pavilion presents

L'AUBERGE DES MOTS

Wednesday, 19 February, 4:30pm
@ Pavillon de France

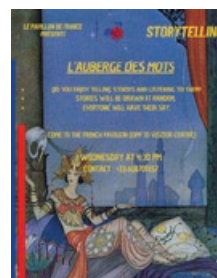
Do you enjoy telling stories and listening to them?

Then don't hesitate!

Come to the French Pavilion on Wednesday at 4:30pm.

Stories will be drawn at random, and everyone will have their say.

See you soon, *Mireille*,
French storyteller, +33618709157



The French Pavilion presents

JOIN US FOR PÉTANQUE

@ the French Pavilion!

Every Sunday, 4—5:30pm, opposite Visitor Center

Discover Pétanque, a classic French game of skill and strategy, played by tossing steel balls close to a small wooden ball (*cochonnet*). Open to all levels, it's perfect for socializing and having fun. Also a good opportunity to practice your French! Come share a friendly moment and connect with others in a relaxed, welcoming atmosphere!

Vivekan



The French Pavilion presents

PORTRAITS OF A GOOD BOI BY NEHA NAGAR

Exhibition at French Pavilion opposite Visitor Centre

Opening on Friday, 14 February, 4—6pm

15 & 16 February, 10am—6pm

An exhibition celebrating the quiet, unwavering love between a human and their dog, and the joy that flows from every brushstroke. A portrait series telling stories of companionship and those precious little moments that make life richer—all inspired by Kyle, the muse of it all.

Luise Pape



The French Pavilion presents

EARTH, A UNIQUE PLANET IN THE UNIVERSE?

A conference by Dr. Hubert Whitechurch, in French

Saturday, 22 February, 5pm @ Cinema Paradiso

What is it made of? How old is it? How did it form within the solar system? What is the origin of the atmosphere and water? How did life on Earth begin? Is there life elsewhere in the universe? These are just some of the questions that science continues to explore. We will discuss the history of these concepts and the current state of knowledge in response to these questions.



Hubert Whitechurch, Emeritus Professor at the School and Observatory of Earth Sciences at the University of Strasbourg, is a specialist in Plate Tectonics. His primary field-work has taken him to the mountains of Greece, Turkey, Cyprus, Syria, Iran, and as far as Oman.

- Conference in French.

Vivekan

The French Pavilion presents

AUROVILLE, LES PAROLES DE MÈRE, TOME 1

Book release and presentation by Gilles Guigan in French

Friday, 21 February, 5pm @ Pavillon de France

We are delighted to announce the release of Gilles Guigan's book, *Auroville, Auroville—les Paroles de Mère, Tome 1*.

Join us for a special presentation in the presence of the author himself. Gilles will take us on a journey through his meticulous work, where he has carefully compiled and arranged the Mother's conversations, messages, and notes on Auroville in a comprehensive and chronological way, offering valuable insight into their original context.

We warmly invite you to be part of this enriching exchange. The book is available at the bookstore Auroville Papers at the Visitors' Center, at Auroville Press in Aspiration, and at Freeland. **Vivekan**



Acres for Auroville

ART FOR LAND 2025 EXHIBITION:

Flowers by Hasi & The Spirit of Auroville

2 February—30 March

Art has the power to transcend individual experiences, creating spaces for connection, reflection, and shared transformation. The Art for Land 2025 exhibition, showing from 2 February to 30 March, 2025, invites visitors to engage with the intersection of creativity, spirituality, and collective purpose. This celebration of Auroville's ideals reflects the power of art to unite and inspire, drawing upon the themes of nature, growth, and unity that lie at the heart of the Auroville's vision.



Central to the exhibition is **'Flowers by Hasi'**, a vibrant tribute to the late Hasi Grandcolas. Hasi, a dedicated sadhika and artist, captures the spiritual essence of flowers like Peonies, Roses, Sunflowers, and Tulips. Each painting invites viewers to explore the deeper symbolism of nature's blooms as expressions of spiritual nourishment. Through her work, visitors are reminded of the connection between art, nature, and spirit. The art serves

not only as personal expression but also as a collective offering, with proceeds supporting Auroville's land consolidation efforts and the city's growth.

The complimenting **'The Spirit of Auroville'** exhibition showcases artworks from 1971—73 by Sri Aurobindo Ashram artists, inspired by flowers chosen by The Mother for Auroville, each symbolizing qualities like unity and aspiration. Recent contributions of flower paintings by Dilip Patel are included. Presented in four languages, the exhibition reflects Auroville's multicultural ethos and invites a universal understanding of its mission. It is guided by Richard Pearson of the Sri Aurobindo Ashram, who has dedicated much of his life to sharing The Mother's insights on flowers.

Let the stories, spiritual insights, and vibrant creations of Art for Land 2025 lead you on a transformative journey of beauty and unity. Together, we celebrate the profound power that emerges when creativity aligns with a collective vision for a more harmonious world. Join us in celebrating the vision of Auroville.

Anita for Unity Pavilion Team



Theatre, Music & Arts

THE AUROVILLE CHOIR PRESENTS SONGS ON HOPE

Saturday, 15 and Sunday, 16 February
7:30pm @ CRIPA, All are welcome!

We request everyone to park their cars and motor bikes on the Gaia Frisbee field. Cycles will be allowed to park inside CRIPA area. To access the field, turn left on the road to Gaia.



We would appreciate that no motorized vehicles use the access between Kalabhumi and Gaia (via CRIPA) during the concerts. Thank you for your understanding and support. **Nuria**

Centre d'Art, Citadines

A BIRD'S SONG—HOME AWAY FROM HOME

by Mario D'Souza, 7—27 February

- Tuesday—Friday 2—5:30
- Saturday 10—12:30, 2—5:30
- Guided visits on Saturdays at 10:30

With his iconic playfulness and vibrant use of colours, Mario d'Souza aims at creating a *sur mesure* decor, transforming traditional Indian patterns and everyday objects into a graphic pop installation.

The motif no longer has a scale, at times nestling in an embroidery, invading space, limitless, it can be found at the bend of a piece of furniture, painted on a window, or sometimes, stripped to its essence, it becomes the source of inspiration from which emerges a vivid creation.

The installation—bridging the distinction between art and craftsmanship—is a celebration of a community made up of a variety of objects. The artist, with his talent for assembling and linking diverse worlds, is able to create harmony while illuminating differences.

The relationship between Mario d'Souza and Auroville started in 2019 through an art residency program at la Petite Maison Auroville. Centre d'Art is thrilled to have him back and host his new exhibition. **Marco**



IN THE LAND OF MAJESTIC GIANTS

A photo exhibition by Ashwin Ezhumalai

14 February — 4 March 2025

At Pitanga: Daily, except Sundays, 8am-12:30pm & 2pm-5:30pm

OPENING: Friday, 14 Feb. 4pm - 5:30pm

Pitanga Cultural Centre Auroville

MAHA KUMBH 2025

aurelec Restaurant & Art Gallery

FEBRUARY 2025 ONWARDS | OPEN FROM 8 AM TO 5 PM

Festivals

Auroville Festival 2025

Auroville Festival 2025
Supported by Ministry of Culture, Government of India

PANCHADEVA
The Five Elements of The Supreme Divine
The First Production of Bharat Nivas
07:00 pm
15th February 2025
Venue: Sri Aurobindo Auditorium, Bharat Nivas, Auroville

CHANTING & BHAJAN
by Mollika Ganguly and Team Auroshakti
06:00 pm
16th February 2025
Venue: SAWCHU, Bharat Nivas, Auroville

MANGALA ISAI
Nadaswara Ustavil Isai Katchery
by Dr. Sri K. Kaliyurthy and team
09:30 am - 10:30 am
21st February 2025
Venue: SAWCHU, Bharat Nivas, Auroville

INSTANCES OF MYTHICAL INCARNATION
Dharethanayam Dance offering by Triveni Kala Kendra
07:00 pm
23rd February 2025
Venue: Sri Aurobindo Auditorium, Bharat Nivas, Auroville

GLOBAL TIRUKKURAL CONCERT
Tamil, English, urdu, Italian, French, German, Latin
by Dr R Padmasani & Abinav Sridharan
07:00 pm
25th February 2025
Venue: Sri Aurobindo Auditorium, Bharat Nivas, Auroville

SHIVALAYA'S SHIVARATRI
by Rajeswari Sadassivam
07:00 pm
26th February 2025
Venue: Sri Aurobindo Auditorium, Bharat Nivas, Auroville

KANNAGI
A Kalangram Production
07:00 pm
27th February 2025
Venue: Sri Aurobindo Auditorium, Bharat Nivas, Auroville

UNITY - RESONANCES
by SVAKAM and Friends
06:00 pm - 07:00 pm
28th February 2025
Venue: Sri Aurobindo Auditorium, Bharat Nivas, Auroville

BHARATANATYAM
by Krupa Ravi
07:15 pm
28th February 2025
Venue: Sri Aurobindo Auditorium, Bharat Nivas, Auroville

Submitted by Monisha



Hibiscus Art Village Presents

NEBULOVE FESTIVAL

Friday, 1—10 pm, 14 February

Art Exhibition

by Giribala, Jacques, Lavanya, Louis, Xen

Art Workshop

- Inner portrait painting with Xen, 5—6pm

Tarot reading by Carmen

- 1pm

Stage

- 1:11pm Mantreshvar Forest Temple Mysterious atmospheric house
- 2:42pm Meditative Journey Through Music & Sounds Singing Bowls, Flute & Handpan & Guitar by Olga & Slava
- Improvised solo on the piano by Abtin
- 4:44pm Himalayan Melodies with Martand Badoni and friends
- 6pm Dance Salsa with Mani
- 7pm Ronny

Folk & Ambient

- 8:30pm Galactic Falcon Electronic-House music Live set
Louis, Elena for HibiscusAV



Auroville Marathon Market 2025



15 & 16 February 2025

Inviting all the creative thinkers, Artists, Makers, Designers & Units of Auroville to participate in the Marathon Market happening on the 15 & 16 February 2025.

Auroville Units and Activities, book your stall now!
EGAI team will assist you

Kindly contact us:

- marathonmarket@auroville.org.in
- +919791896488 WA only
- Limited space, First come priority.

Anand and Team
for Auroville Marathon Market

Music & Art Activities

EXPLORE WATERCOLOR TECHNIQUES

@ Unity Pavilion

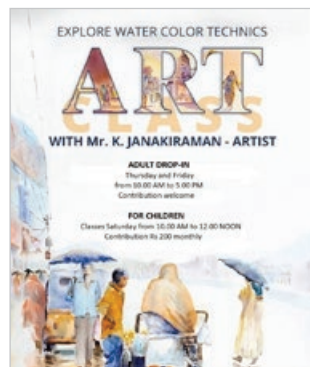
Adult Drop-In

- Thursday and Friday, 10am—5pm
- Contributions welcome

Classes for Children:

- Saturday, 10am—12noon
- Monthly contribution Rs 200.

Artist: 8015362636,
Office: 0413 2623576



Lisa

NATIVE AMERICAN FLUTE WORKSHOP

Saturday, 15 February, 11am—5pm

This flute is super easy to learn

- No flute (nor prior experience) needed, yet if you have one bring it
- Contribution Rs 4000
- Contact +919514929607 WA to register



Sitara

SVARAM PROGRAMS

SVARAM Sound Experience: Sound Journey

- Every Wednesday, 5:30—6:30pm @ **Unity Pavilion**

Contact No.: +91 93601 23054 (WA)



The Quantum-Karmic Multiverse Book Reading Satsang

- Every Thursday 5—6pm

We invite you to discover the powerful connection between quantum mechanics and ancient wisdom with Nadim Hamdan, the author of The Quantum-Karmic Multiverse. Engage in group discussions, guided meditations, and visual presentations that bring these profound ideas to life.



- For details please click the link below or scan the QR Code: <https://svaram.org/the-quantum-karmic-multiverse/>

Gong Playing

- 26—27 February

Learn how to play the Gong for fun, meditation, well-being and musicality in a transformative 2-day experiential workshop.

For details please click the link below or scan the QR Code: <https://svaram.org/gong-playing/>



Sound Journey @ Bharat Nivas

- 2pm, @ Kala Kendra, Bharat Nivas
- Group sessions every day

For details please click the link below or scan the QR Code: <https://svaram.org/sound-journey-bharat-nivas/>



Aurelio and the SVARAM Team

A SOUND SANCTUARY FOR THE SOUL

I am in Auroville with my Körper Tampura, a beautiful string instrument that brings deep peace and relaxation. Its gentle vibrations create a space where you can simply be, without words. Just sound, presence, and soothing resonance.



I offer free or donation-based sessions for anyone who feels the need to rest, release, or just simply receive this sonic embrace. If this calls to you, reach out. I'd love to share this moment of stillness with you.

Jorhito, +49 15510017585 WA

CREEVA ACTIVITIES

- Watercolor Landscape class by Sathya
 - Monday, 5—7pm.
- Figurative Drawing Session
 - Tuesday, 5—7pm.
- Open Studio (A space to explore your artistic expression.) Art supplies are available.
 - Open from 12:30—4:30pm, Monday to Thursday. If you plan to attend at other times, please inform us in advance. Contact Abi, +91 9042058981
- Portrait: For those who wish to have a portrait of themselves in sketch or painting, reach out to schedule a session.

CREEVA Studio, Creativity Community, Auroville sathyacolour@auroville.org.in, +91 9486145072 WA, Sathya



PHOTO CIRCLE MEETS AGAIN

Friday, 14 February, 5pm

@ Centre d'Art multimedia room, Citadines



The Photocircle brings together Auroville's photographers.

We share our own work, we show the work of global photographers we admire, discuss the history of photography, and share techniques.

Anyone can bring and screen a small selection of images.

You are all welcome!

Marco

Dance Activities

DANCE CLASSES BY MANI

Choose your Dance: Bachata, Kizomba, Salsa, Tango
Register now: +9186376 33696

Salsa Dance

- @ New Creation dance studio
- Tuesday: Salsa class, 6:30pm
- Saturday: Workshop, 7pm

@Bakisata_dance

Embrace the Rhythm and Let Go!



Tango Dance @ CRIPA

- Monday
 - Beginner, 6:30—7:30pm
 - Intermediate, 7:30—8:30pm
 - Friday
 - Workshop, 6:30—7:30pm
 - Open practice, 7:30—8:30pm
- Contact: +91 8637633696



Mani

AUROVILLE TANGO @ HARMONY HALL, BHARAT NIVAS

New batch starts the first week of each month

- Monday: 7—Introduction to Tango 8—Improvers
 - Wednesday: 7:30—Guided Practice 8—Long Practice
- No partner required.
Bring socks or dance shoes.
And plenty of joy!
+91 9821166082

tango@auroville.org.in



Maud

Sports & Martial Arts

15TH AUROVILLE MARATHON 2025

Run for the Joy of Running

Sunday, 16 February

Warm greetings from the Auroville Marathon Team!

It's that special time of the year again when our community comes alive with the spirit of running, togetherness, and joy. This Sunday, we are honored to welcome over 3,300 runners from across the world, each carrying their own unique story, determination, and love for running.



Auroville Marathon
RUN FOR THE JOY OF RUNNING - 2025

Race Timings:

- Full Marathon: 5am
- Half Marathon: 6am
- 10K Run: 7am

Start: Visitor Center—Finish: Aurodam Football Ground

Race Timing:

- Children's/Open Run: 8am

Start: Visitor Center—Finish: Certitude Football Ground

Celebrate & Support the Runners!

We invite Aurovilians and guests to come together to cheer for the runners as they pass through our beautiful landscapes. A simple smile, a clap, or words of encouragement can lift their spirits and keep them going. You can play music, offer water, or simply send them your best wishes—your kindness will make a difference!

A Few Requests from the Heart:

Drive Gently & Mindfully: Please slow down and share the roads with the runners and walkers. The less dust we create, the more joyful their journey will be.

Caring for Our Furry Friends: If you have pets, kindly keep them under supervision to ensure a safe and peaceful experience for everyone on the trail.

Bib Collection Details:

15 February, 9am—7pm
@ Bharat Nivas

Aid Stations & Timings:

- Visitor Center: 4:30—11:30am
- Pitanga: 5—8:45am
- Deepanam School: 5:15—8:55am
- Gaia Junction: 5:20—9:10am
- Ansuya Forest: 5:30—9:30am
- Aikyam School/ New Creation: 5:40—9:40am
- Rajeswari College: 5:45—9:50am
- Transition School: 5:55—10:05am
- Celebration: 6—10:20am
- Matrimandir Gate: 6—10:50am

This event is not just about running—it's about coming together as a community, embracing the spirit of Auroville, and celebrating movement, mindfulness, and human connection.

Let's create a beautiful and memorable day for everyone.

Everyone is welcome!

Prabhu
for Auroville Marathon Organizing Team

AUROVILLE CYCLOTHON

Online registration for the Auroville Cyclothon 2025 as the 2nd edition started this year, scheduled for Sunday, 2 March, is open.

- If you plan to join this edition of the Auroville Cyclothon, we invite you to register via the following link: <https://www.aurovillecyclothon.com/>.
- Please note that registration remains open until 24 February, Noon.



The organizing team is dedicated to ensuring a safe and injury-free ride for all registered participants. We strongly encourage comprehensive training for the ride and wish you an exceptional experience at Auroville and its bioregion.

Murali, Prabhu and Raju
for Auroville Cyclothon Team

ABHAYA MARTIAL ARTS

Abhaya Martial Arts has trained more than 500 students of all genders, age and levels of experience, hosting also Muay Thai coaches, Black belts of BJJ and exposing our students to a series of highly transformative practices. We took our students to national competitions and also started to give to our students official belts and degrees recognized by Shou Dao School, a martial art academy recognized by the Olympic Committee.



Our regular classes for adults

- Monday: MMA/Grappling 5:30pm with coach Giacomo
- Wednesday: MMA/Grappling 5:30pm with coach Giacomo
- Friday: Kickboxing 5:30pm with coach Ruben

Contribution required. Be punctual, short nails, in sportswear and no jewelry. Stay home if you are sick or if you have open wounds.

If you wanna be updated about these changes and know how to participate, please contact +91 9487340778 WA

Brazilian Jiu-Jitsu classes for kids!

Abhaya Martial Arts is happy to share that after overwhelming requests, we have resumed kids Brazilian Jiu-jitsu classes in Dehashakti Gym.

- We welcome kids from 4—13 years old on Tuesdays and Thursdays, 3:30—4:30pm.

Contribution required.

Send your kids in sportswear, with a bottle of water and a big smile.

The class will be led by Monica, an experienced assistant instructor very well known and loved by kids. Abhaya teaches Brazilian Jiu-jitsu for kids in a non competitive way, focusing on discipline and self-control, giving them a practical and realistic basis for a martial art journey. Brazilian Jiu-jitsu is the closest to real life self defence training and it has proven results in building cognitive skills and fine motor development, especially for kids.

For more information and to be part of the WA group contact +91 8448077070 *Giacomo*

KALPANA GYM

Kalpana Gym is open 7—9am & 5—8pm

- Monday to Saturday

All are welcome!

Submitted by Satyakam

AIKIDO CLASSES

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter.



The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!

Adult Aikido classes

- Tuesday, Thursday and Saturday, 6—7:30am, early morning. Beginners are most welcome. Girls and women are especially called to join us.
- Wednesdays, 5:30—7pm. Welcome!

Children/ young students

- Monday, Wednesday and Friday, 4—5pm.

Contact for more info and registration

- budokan@auroville.org.in
- 8300643963 WA, Philippe G.
- 9952812843 WA, N. Murugan

Cristo, Rita, Surya & Philippe
for Auroville Aikido

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic
- Water dance
- Water movie
- Swimming in pool

@watersport_mani

Book Now: +91 8637633696

Package swimming class



Mani

Bharat Nivas presents KALARIPAYATTU CLASS

in Collaboration with Kalarigram:

Bhumika Hall, 6—7am, Monday to Friday

- For Registration: Contribution is applicable for the class

- bharatnivas@auroville.org.in, office: 0413 2622253

Monisha for BN Team



KSHETRA KALARI

@ Aspiration Sport Ground

- Kalari Classes for Beginners
 - Morning classes: 6:30—7:30am Monday, Wednesday, Friday
 - Evening classes: 5—6pm, Tuesday, Thursday, Saturday
- Kalari Classes for Advanced People
 - Morning classes 6:30—7:30am Tuesday, Thursday, Saturday
- Kalari Massage Available
 - By appointment, 9042009200



Maneesh

GIRLS'

Futsal Football Club

Every Wednesday at 5:10pm @ Dehashakti

Girl's football team in Dehashakti. If you like football and you want to learn, play and have fun, come and enjoy it with the other girls.

- Just contact Beber 6385635943 for more details



Beber

Bioregion & Nature Activities

Register Now:

edibleweedwalk@gmail.com, 9840936907 WA

Nina



Terrasoul Community Permaculture - New Arboriculture

Saturdays, 8am—12pm @ Terrasoul Farm Community
Hands-on Saturday

- Introduction to Agroforestry & Food Forest, Basics of Agroforestry & Food Forests
- Tree Management, Planting, Pruning, Fertilization, Irrigation, Disease Management
- Tree Biology Essentials: Anatomy

No experience needed. Commitment and good will are required.

- Every Saturday, 8am—12pm
 - Tea Break: 10:30am, closing: 12pm
- Optional Farm Tour & Lunch:
 - Farm Tour: 12:00—1pm
 - Lunch: Tamil vegan meal (contribution required)

Juan, +91 9443434182, terrasoul@auroville.org.in

FULL MOON NIGHT WALK

with Maj. Arun Ambathy

Wednesday, 12 February, 11—11:59pm

Join Maj. Arun Ambathy for a serene, peaceful walk under the full moon to explore the anatomy of darkness and deepen your connection with nature. This walk offers an opportunity to understand the significance of natural darkness and how it shapes our relationship with the world around us.



- Contributions are welcome.
- **Meeting point:** Révélation's main gate. Arrive 5—10 min before the session. Search for "Revelation Forest" on Google Maps
- **Dress Code:** Be adequately clad to prevent mosquito bites, carry mosquito repellents if needed, please wear white clothing and closed shoes for the walk.
- **For more info:** contact Maj. Arun Ambathy: +91 95001 83706 *Carolyn Rebecca*

OPEN YOUR HEARTS TO PURE UNCONDITIONAL LOVE

Friday, 14 February, 3pm onwards

@ Revelation Forest

This February 14 let's experience Pure Unconditional Love in our hearts. We welcome you to join us at Revelation Forest for a forest walk, coaca ceremony, shamanic sound journey followed by ecstatic dance. Open your hearts to Pure Unconditional Love guided by 1 shaman with 2 sound healers and experience bliss and joy.



- **Registration:** Kundhavi Devi 9360748665 *Carolyn Rebecca for Révélation*

BEING-NATURE-BEING-FOREST

Walk in Presence with Aikya every Monday, 4—6pm

Having lived for almost 30 years in Auroville, I got to feel the rhythm and subtleties of the forest. And still now, every time, there is something new to discover in the outside nature or in my inside nature.



The forest helps me to consciously slow down, and helps in refining my senses.

If I then open to the living wisdom of Nature, a subtle air almost, a Presence of the living, I feel myself, my body bathing in a conscious light of joy and beauty.

I now offer this re-connection to others, to you

- **When?** Every Monday, 4—6pm
- **Where?** Meeting point in front of Auroville Library to take you to a special location
- **How?** Very small groups, **please register** sending a message to this number: +32491259966 WA
- **Contribution?** Between 400 and 1000Rs depending on what you can give
- **Good to know:** Carry your water, have a mode of transport, come open hearted.

To know more go to my website: <https://spiritandnature.org>

Aikya

NATURE IMMERSION,

Forest Therapy and Emotional Liberation

Saturday & Sunday, 8 & 9 February, 4:30—5:30pm

@ Revelation Forest, Auroville

Reconnect with nature with all your senses and emotions. Be present to it all. Ground yourself, listen deeply, and embrace the healing power of the wild. Release emotions, sync with nature's rhythm, and find renewal. Let the forest guide you to clarity, peace, and a deeper connection with yourself.



- Contributions welcome
- Text Shunyam to join us +918349917282

Carolyn Rebecca for Revelation

BHARAT NIVAS KALA KENDRA PATHWAY:

Egai

Invites to the Coconut shell Workshop



- 10am—4pm, Monday—Saturday @ Kala Kendra, Bharat Nivas, Auroville

Ready to spark your coconut creativity? Your creativity in a hands-on! Experience and learn the art of designing unique crafts made from eco friendly materials. In this workshop you create either Pendant, Earrings, Keychains, or bowls through new and unique techniques and carry your product with you as a souvenir.



What you Learn? Eco-friendly crafting, Designing techniques, Creative craftsmanship, Sustainable artistry, Hands-on Creation

Invites to the Incense Stick Workshop

- 10am—4pm, Monday—Saturday @ Kala Kendra, Bharat Nivas, Auroville

Master the art of aromatic creation? Awaken Your Senses with Every Stick! Experience and learn the art of making two different types of Incenses (Agarbattis and Cone shaped Incense). In this workshop you will be able to make your own best natural Incense in an easy way and carry your product with you as a souvenir.



What you Learn? Incense Crafting Basics, Agarbatti Making, Cone Incense Techniques, Natural Ingredients Usage, Hands-on Creation. *Monisha, BN Team*

AUROVILLE BAMBOO CENTRE, FEBRUARY

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.



Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

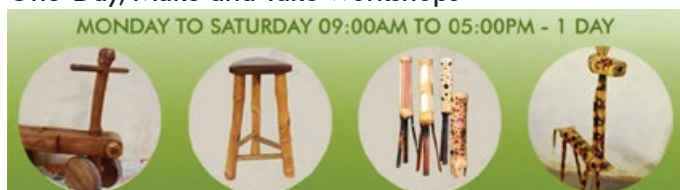
Trainings and workshops

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

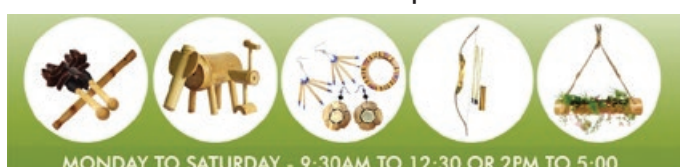
Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops



- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm

- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
 - 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

Upcoming Workshops—February 2025

Bamboo Yurt Workshop

- 19 and 20 February, 9am—5pm

This workshop focuses on Bamboo Yurt building construction from bamboo and various natural materials.

The Bamboo Yurt workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.



Bamboo Joineries Workshop

- 21 and 22 February, 9am—5pm



The Bamboo joineries workshop is a 2 days learning experience that offers the opportunity to learn the fundamentals of bamboo construction and various joineries technique.

Bamboo Joineries workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.

For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or telephone number: +91 8300949081, 0413 2623806/ 2964727
- Flexible training dates offered to groups
- **Contact:** Voice call and WA: 8300949081
- www.aurovillebamboocentre.org

Archana
for Bamboo Centre Team



MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm, Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.

Auroville Bioregional Experience with Mohanam

Tours



Munnur and Perumukkal

Village Temple

Kaluveli Tank Visit



Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Cooking Class

Saree Workshop



Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.

Make & Take Workshop @ Mohanam Campus



Pottery Making



Kolam Mandala Painting



Candle Making



Incense Making



Soap Making

...and more, including Traditional leaf craft, bamboo jewellery, and dream catchers. Manifest your inner artist and try your hand at traditional handicrafts

*One day advance booking necessary

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours

Balu
for Mohanam Program

EARTH INSTITUTE: TRAINING COURSE

FEBRUARY ON-CAMPUS

Training Course

AVD Intensive : 10th Feb - 15th Feb
CSEB Design : 17th Feb - 22nd Feb
CSEB Intensive : 24th Feb - 01st March

EARTH INSTITUTE
INTEGRATING CLIMATE, ECOSYSTEMS AND SOCIAL JUSTICE

CSEB = Compressed Stabilised Earth Blocks
AVD = Arches, Vaults and Domes

We are thrilled to invite you to embark on an exciting journey with us to explore the untapped potential of our Earth through interactive workshops! This unique adventure promises to be an enriching experience, full of discovery and learning. Limited seats are available on a first-come, first-served basis. Don't miss out—register now and become part of our vibrant community!

- For more details: info@earth-auroville.com.
- **Contact:** +91 9159225078, +91 0413 2623330/ 2623064
- **Registrations** are open: <https://registration.earth-auroville.com/>

T. Ayyappan

COFFEE LEARNING COMMUNITY

Manual Brewing Workshop

- @ the Coffee Learning Community

Step into the CLC for a day and sharpen your manual brewing skills—or brew your first cup! Designed for both beginners and advanced brewers, this course focuses on key brewing parameters. Our SCA Certified Baristas will guide you on topics and methods of your choice.



- On-demand only.
- The booking should be done 24 hrs prior to the class for the confirmation.
- For enquiry:
 - contact@marcscoffees.com
 - +91 0413 2623119 ph. and +91 7200881291

Coffee Cupping Session

- Every Saturday, 10am—12pm
- @ the Coffee Learning Community

Discover the art of savouring specialty coffees through cupping sessions at the Coffee Learning Community (located above Marc's Cafe).



No prior experience is necessary; we will guide you through each step, teaching you how to discern the subtle nuances in the sensory experience.

The session lasts for two hours, beginning with an introduction to the flavour wheel and instructions on how to utilise the cupping sheet.

We'll cover the fundamentals of cupping and guide you in describing the distinctive attributes of the coffees.

As a bonus, you'll receive a complimentary packet of Marc's latest nano lot.

Note: Kindly refrain from wearing any perfume or other fragrances.

- For enquiry:
 - contact@marcscoffees.com
 - +91 0413 2623119 ph. and +91 7200881291

Foundations of Speciality Coffee

- 3—7 March, 2 more seats available

This is a holistic introduction to the world of specialty coffee, exploring its many aspects, rather than solely the final product. We will be tasting and exploring some of the best international and Indian coffees during this week!

- Classes will take place from 10am—1pm and 3—5pm.
- 6 modules, 1 final assessment and five days of everything coffee!
- For enquiry:
 - contact@marcscoffees.com
 - +91 0413 2623119 ph.
 - +91 7200881291



Matilde

ENLIGHT



Explore Auroville



Cycle Tour



Forest Walk



Cooking Class



Fireside Drumming



Folk Dance and Music



Bamboo Workshop



Wood Joinery Workshop



Pottery Workshop

ENLIGHT

+91 76398 10621/82700 71581/0413-2963034

enlight@auroville.org.in

Arun, Anand and Balaji for Enlight Team

Looking For

Looking for a Three Wheel Bicycle

I am looking for a 3-Wheel-Bicycle for adults, electric or not, for rent. From private or shop.

Thanks for tips or offers.

nina.meisser@gmail.com,
8925023601, Nina



Looking for a Second Hand Ladies Cycle

I'm looking for a second hand ladies cycle, medium size, in good condition. If you have one, contact Jivatman by phone 2622412 or email jivatman@auroville.org.in

Jivatman



Looking for Housesitter

Seeking Aurovilian, Newcomer or Volunteer to housesit a small single place in Auromodele from 15 March 2025 till the end of December or 15 January 2026. Looking for a super clean responsible woman. Expenses will be discussed when we meet.

+91 8807506974, Yen

Looking for a MiniDV Video Camera

I am looking for a video-camera (Sony, Canon or so) that works with mini-DV video cassettes. If you have one laying somewhere, as now they are obsolete, I'd be happy to buy it. It must be working, of course.

Please contact me by email at: manohar@auroville.org.in or 9486416179 phone/ WA.

Manohar



Lost and Found

Lost Cell Phone

I've lost my cell phone! It's in a cream cover and has my bank card inside. If anyone has found it PLEASE contact the Samarpan guest house at 04132623515/ +91 9489359239, sampangh@gmail.com

Erica Fjastad

Available

Office Spaces Available: Aurelec

35.12 sqm. space available inside Aurelec Premises. This space is ideal for workshop or storage, with generator back-up, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/2622294 or e-mail adps@auroville.org.in.

Submitted by Siva

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Contact Mr. Pandian at Auromode in person, +91 9943390391 or pandian@auroville.org.in

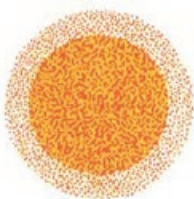
Pandian

Honorary Voluntary

VOLUNTEERS

for AV School Students Collective Programs

This is an opportunity to learn about the Auroville schooling and interact with our teachers in designing learning experiences aligned with the principles of Integral Education. We are looking for support in organising collective programs for students and teachers.



You will work with a team at SAIER on projects that are designed to meet collective goals and aspirations of Auroville education. Join us as we weave threads that connect our different schools in an experiment of Human Unity.

Write to us at saiier@auroville.org.in with the subject line "Volunteer for Collective Programs"

Nilima

VOLUNTEERS

for Auroville Festival



The Auroville Festival is an eight day long event from Mother's birthday on the 21st to Auroville's birthday on 28 February. The festival offers a perspective on various aspects of Auroville through the lens of Humility. One of the qualities of Mother's symbol. Her 12 qualities are an apt reminder, as to why we are here.

We invite everyone in Auroville and outside to become a part of the festival. The festival is planned and managed by AWARE—a unit under Auroville Service Trust.

If you wish to volunteer or participate in any of the event, please write to festival@auroville.org.in or festivalauroville@gmail.com.

- For more information, please visit: www.awareuroville.com/AF25.

Anita for Auroville Festival Team

KULAI CREATIVE CENTER

Is Looking for Ideas, Information, Materials, Stories, Links, Physical or Online Support

Dear Ones, we are doing a great preparation and work plans towards "Integral Activities on Mother's Qualities" and very gladly looking for some ideas, information, materials, stories, links, physical or online support for working on to create some children books with pictures and stories, calendars, gardening work, craft, stitching, games, and many more. Please reach out to us on how you wish to be part of it. Students above 5 to 13 also can participate in this programme.



- Monday to Saturday, 11am—1pm & 2—4pm

For registration, please write to...

- kulaicreativecentre@auroville.org.in
- WA: +91 8608473385/ 9843195290 Selva for KCC

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.



Tuesday mornings is a dedicated time that all are welcome to randomly drop in

for some onsite sorting and other activities, to look around or whatever.

- For regular volunteering, special projects or needs, please call first. **B for Ecoservice**

GAU SEVA

at Sadhana Forest!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in, 8525038274WA or call 8122274924
The Sadhana Forest team, Aviram

Taxi Sharing

To Chennai Airport, 15 February, 2pm

Starting from Auroville 15 February around 2pm and going to Chennai airport. The flight I take is at 8:40pm. Happy to share a Taxi. +33663533672 WA, Clémentine

From Chennai Airport, 19 February, 7pm

I will arrive on 19 February at 7pm in Chennai airport and go to Auroville. Who would like to share with me? +3467866259 WA, Estefania

To Chennai Airport, 19 February, 10:55pm

I am coming to Chennai Airport on 19 February at 10:55pm. I would like to share a taxi to Auroville at this time. Contact +7 9373248248 WA, Elena

From Chennai airport, 16 February, 1pm

To stay Eco Friendly I am very willing to share a taxi from Chennai airport to Auroville on Sunday 16 February 2025 Departure from MAA Airport at 1pm. +34685673777WA or srimgaa221@gmail.com, Sunny

Help Needed

**CAREGIVERS/
Presence for Giuseppe**

- We are looking for 1 or 2 people (Aurovilians, Newcomers, volunteers) to take up the early afternoon shift from 1—3pm, preferably 6 days a week.
- We also often need a person that steps in when one of the caregivers is not able to attend.
- Additionally on Saturday and Sunday presence is necessary and often we lack people.

Please contact Enrica, +91 98400 31935 Shivaya

Help Offered

**ASSISTANCE TO AMERICAN
Social Security Retirees and Applicants**

Greetings, I am Gary, a Friend of Auroville, from America whose career was with the Social Security Administration, the primary USA retirement and disability system. Should any in Auroville be potentially eligible or receiving its benefits and have questions I would be happy to volunteer my assistance.

Its Supplemental Security Income (SSI) program may also be of interest should future US residence be contemplated. Please first email me a synopsis of your concerns at gary@ionet.net as well as your WhatsApp number. Put Auroville/SSA as the subject line of your email. I will be in Auroville till mid-April but can also respond remotely once back in the US.

Gary

Work Opportunities

ECO FEMME IS LOOKING FOR

A Sales Team lead!

Would you like to join our Sales team, as Team lead? We are looking for a full-time member.

Skills and experience required:

- Proven ability to inspire, lead, and manage a team while balancing strategy, execution, and continuous improvement.
- Strong team player, able to work effectively with cross-functional departments.
- A strategic thinker who is motivated by achieving goals and delivering exceptional outcomes.
- Ability to find innovative solutions and adapt to evolving challenges.
- Proficiency in data analysis to inform decisions and drive sales strategy.
- Comfortable with Google Workspace and its suite of tools.

An International Sales Coordinator!

Would you like to join our Sales team, working with International retail customers? We are looking for a full-time member.

Skills and experience required:

- Proven experience in sales coordination or a related field.
- Competent written and verbal English communication skills with a dash of creativity
- Proficiency in Google Workspace, specifically Google Sheets, Docs, and Slides.
- Ability to speak other languages, specifically European languages, is a plus.

Details

- **We are based** in Auroshilpam. **Starting date:** Immediate
- For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

Maha, +91 7094278777

KINDERGARTEN HEAD @ MOHANAM, AUROVILLE

Join our team at Mohanam, Auroville, as a dedicated Kindergarten Head. We're seeking a passionate educator to lead our thriving kindergarten program.

- **Responsibilities:** Curate current curricular, Manage teachers, Ensure student well-being, Manage resources, Collaborate with parents, Report and documentation
- **Qualifications:** Master's degree in early childhood education or B.Ed, 3+ years experience, Strong leadership, communication, and organization skills, Passion for child development.

Apply now: mohanameducation@auroville.org.in

Submitted by Balu

FUNDRAISER AND MARKET DEVELOPMENT MANAGER

**For The Green Silk Road
Regenerative Agriculture Program**

The Green Silk Road helps people travelling to and from Auroville reduce their footprint by using public transport instead of aeroplanes, but we do much more than that. We connect like minded projects we meet along the way, building on Auroville's expertise and experience.

One such project is a regenerative agriculture collaboration between farmers in India and Turkiye. We facilitate exchange of knowledge and skills among communities of practice and help with supply chain development. We start with cotton, but will soon expand from fibre to food (coffee, nuts, fruits, spices, oils). To grow this program we are looking for professionals with solid management experience and excellent communication skills.

- Are you good at relationship building and grant writing?
- Are you good at project management? Can you keep an overview of multiple moving parts, but also zoom in on urgent time sensitive writing when needed?
- Do you believe in what we do? (see more on our website www.thegreensilkroad.com and www.raddiscotton.com)

Then we want to meet you!

Please contact us

- socent@auroville.org.in
- + 91 9943820241 WA, Gijs Spoor Gijs

IT MATTERS ART GALLERY: JOB OFFER

February 2025 onwards

Timings & contribution:

- 1:30—6pm, 4.5 hour shifts, Monday, Thursday, Friday, Saturday, Sunday, **From December to April** (From May to November, we will be closed on Tuesdays, Wednesdays and Sundays)

The contribution will be based on working hours and calculated according to the Auroville Maintenance.

Skills:

Good command of English (speaking & writing), write emails and coordinate with people in proper English, understand the basics of accounting, like to interact with people.

Be interested in arts, be interested in sales, be open to multi-tasking, be focused and efficient, proactive profile, can handle computer work and social media.

itmatters@auroville.org.in,
Bhakti & Sandra

Foods, Goods & Services

DOWNLOAD OR ACCESS DROPZY APP

Android

- <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

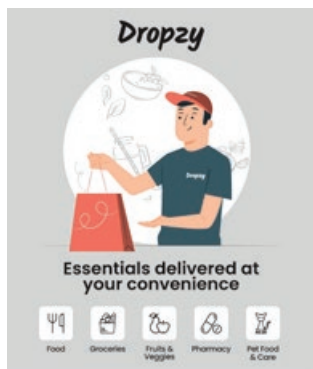
iPhone Browser Version

- <https://app.dropzy.in/public/dropzy>

Desktop

- <https://app.dropzy.in/public/dropzy/desktop-version>

Sathish



BHARAT NIVAS PATHWAY

Medicinal Herbal Nursery Counter



Medicinal Herbal Nursery Counter
Green and Clean Land



Venue: Bharat Nivas Cafe,
Bharat Nivas, Auroville

Green and Clean Land:

Indoor and Outdoor Plants for your House and Garden. Your journey into holistic wellness begins here! Nourishing and preserving bio-diversity for environment protection in collaboration with Martuvam Healing Forest.

We warmly invite you to bring Auroville's native plants from your garden to showcase at our nursery counter. Together, let us share the beauty and benefits of these plants with humanity.

Offer your contributions with a minimal donation and become a part of this collective effort to promote nature's gift for a better tomorrow. Let's grow and give, together!

Souvenir Outlet



Monisha

TASTE OF YOGA VÉRITÉ CAFÉ



vérité
VEGAN CAFE
TASTE OF YOGA
Raw | Gluten-free | No added sugar

Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats, light lunch & drinks have been designed with utmost care, integrating sattvic principles to promote overall well-being.

Monday to Saturday
08:30 - 16:30

Vérité Integral Learning Center

Kathir for Vérité Programming

SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

7:30—10pm

Variety of Dosa and Millets Pongal, Coffee

Rs.99

Submitted by Shiva



LIVING ROOM CAFÉ

8am—4pm, closed on Wednesdays

Opposite the Auroville Library

All are welcome to enjoy delicious meals and coffee in a cozy and inviting atmosphere at The Living Room Cafe, located opposite the Auroville Library. We are now serving breakfast and lunch to Aurovilians, Newcomers, Volunteers, and Guests every day of the week except Wednesdays.



We look forward to serving you!

Debo for The Living Room Cafe Team

THE SPROUT TIMINGS

Daily, 7am—4pm



Monica for The Sprout team,
www.thesprout.in

AUROMODE TANTO: FRIDAY DISCOUNT DINING

Dear All, we are happy to announce that we will be having a **50% discount for dining on every Friday for Aurovilians.** Our timings: Monday to Saturday

- **Lunch:** 12—3:30pm
- **Dinner:** 6—9pm
- We are also available on Dropzy for deliveries.



We are closed on Sundays.

You can call or WA us at 7448811088.

Submitted by Pavithra

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/volunteers/guests can select from the range of produce/products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



Madhuri for Annapurna Farm

**GASTRONOMICA:
Fresh Flavors Every Day!**

Visit Gastronomica for a wide selection of fresh bread, focaccias, sliced pizza romana, and sandwiches. We also offer quality cured meats, cheeses, homemade sauces, and sweets in jars, all available for takeaway. Additionally, we have a full range of handcrafted pasta, including tagliatelle, penne, fusilli, and more. Our daily lunch specials feature dishes like ravioli, lasagna, or roast chicken. Whether you're looking for a quick meal or premium ingredients to take home, we have something for everyone!



- **Monday to Saturday:** 9am—7pm
Sunday: 10am—3pm
- **Location:** right opposite Auroville Bakery, Kulapalayam
- **Contact:** +91 70102883943 *Daive*

**HEMPLANET:
Explore the Benefits of Hemp!**

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. *Daive*

FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- **For more info,** call/ WA +91 83002 68804 or pass by. *Isabella for FoodLink*

**A MATRIGOLD
Production Unit Visit
Every Thursday at 3pm**

Every Thursday at 3pm and on **appointment for groups**. You can listen to Birgitta telling the amazing founding story of Matrigold and explaining about the unique Gold-in-Glass technology, which was developed for the Matrimandir.

She will also talk about the beneficial impact which pure gold has on a human body and you can get a glimpse of our jewellery production.

This visit is also a chance to explore and buy some of the single pieces hiding in our treasure cupboards, if you come earlier or stay on after.

Birgitta for Matrigold, Sanjana Community, first building, residential zone

Please call +91 413 2622458, if you have trouble finding us.

Matrigold Location



ANY TIME DOSA AND PONGAL @ THE PATHWAY CAFÉ

Bharat Nivas Café has been serving Masala Dosa, Onion Dosa, Ghee Dosa, all day, everyday at a very good price. Now for the Pongal lovers: you can also get Pongal or Khichidi everyday. We also serve organic Tea only for Rs 20.



Please, come and enjoy, welcome to Bharat Nivas café.

Arabinda for Bharat Nivas team

REDUCED-PRICE MAROMA PRODUCTS

Maroma is happy to announce that it is offering all products at reduced-price to all Aurovilians in its Aspiration Outlet. Come by and see our great range of all-natural cosmetics, soaps, shampoo and more! Great for gifts to loved ones, including yourself. The Outlet is:



• **Located in the Maroma Campus in Aspiration**

- **Open 9am—5pm, Monday—Saturday.** *Jesse*

FREE STORE

We at the Free Store are in need of **unused display stands for clothes and hangers** to help us organize and present the clothing we receive. If you have any to spare, we would greatly appreciate it if you could drop them off at the store during our working hours.



Our operating hours are:

- **Mondays—Saturdays:** 9am—12:30pm
- **Tuesdays and Thursdays:** 2:30—4:30pm

Additionally, we kindly request that all items/clothes be dropped off only during our working hours. Please do not leave anything outside when we are closed.

Your support helps us continue serving the community, and we truly appreciate your generosity!

At Her service, Kamala for the Free Store Team



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

Rajesh I.T.S.

SUNRISE TAXI SERVICE



SUNRISE TAXI SERVICE
A Wheel of Auroville Foundation

Book A Taxi 24/7

+91 9843880591

Office: (0413) 2220591, 2220592
Office cell: 8610915429
sunrisetaxi@auroville.org.in
www.aurovillesunrisetaxi.in





Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801, 9443362218
- Email: uts@auroville.org.in *Lakshmi for UTS*

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options by arranging shared trips** between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in
Rajesh.D for Shared Transport Service

FREE SERVICE CAMP FOR E-LUNA EVENT

Friday, 14 February, 10am @ Kinisi, CSR Campus
For Aurovilians and Newcomers only

With the help of Kinetic Green, Kinisi is organising a free service camp.

You can bring your electric scooter to our Kinisi workshop on the CSR campus on Friday, 14 February, between 10am and 4pm.



During the service camp experts will offer free service to all existing e-luna.

Please email us with details at kinisi@auroville.org.in before 10 February, so we can order spare parts in advance. Parts will be charged, and diagnostics, labour and servicing will be free. All are welcome!
Debo

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Humvee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B for Qutee Electric Scooter Service

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money. **Contact us for all your procurement needs:** surabhisupplies@auroville.org.in

+91 98438 46458 WA, Phone, lyyappan

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1 *Balaji & Arun*

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

South-Indian Cuisine

Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring

We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm. This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

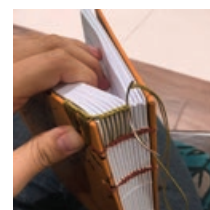
- For any of the above services, contact :
- 8098845200 WA/ ph., rupavathijoy@gmail.com

Rupavathi

BOOK BINDING

We bind, repair, and restore all books with Hand made paper, cloth and leather at Vanaville workshop behind Tanto restaurant in Kulilapalayam.

8940648542, Michel



SARVAM COMPUTERS
Offers Reliable Service

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server setup, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

INSIDE INDIA



We're here to make your travel seamless, whether you're flying to far-off lands or exploring the magic of India. From flights and trains to buses, travel insurance, and visas—we've got it all covered! Need a taxi, a cozy place to stay, or help with passport renewals? Count on us.

Get in Touch with Mr. Ganesh, Your Travel Consultant

- You can find Mr. Ganesh at our Kalpana Office from 10am—5pm, Monday to Saturday.
- He's available on landline 2623030 or via mobile/ WA at +91 9894598686.
- Reach him by email at ticketing@insideindiaauroville.com.
- Yes Ganesh will be present on Saturdays too

Olivier for Inside India Team

Poetry

ABANDONED BARN

Someone's left the heavy door ajar.
Weathered, splintered, browned,
it's slats and knots.
Barn swallows make use
of this quick breeze
to drop from high reaches—moss rafters—
through pale shafts of light.
The past lingers . . .
brood mares loose in their
stalls, some new calves
bunched farther back, chewing their udders.
Thick pollen swirls a—
mong the straw—dust
in eddies over
the floor's aged boards.
Maybe someone's come to chase the fox
snuffling through the feed
bin away with a stick.
Or shoo a pair of wild dogs
rummaging the piled tarps, moldered
and sour, for some lost thing to eat.
Or find the tramp, tired, blanketed
by heaps of white straw.

David Baker

MY GARDEN OF EDEN AND EARLY MORNING

My garden of Eden and early morning;
Azurine sky over leaves hangs an awning.
Fingers of light comb through green's fine interstices
Dissolving the last of night's fear precipices
The moon's but a ghost in the blue grey sky.
The star's but a memory you steered last night by
Yet the soul lies still and adreaming Reluctant from night's
slumber to accept new day's weaning.
Towards the new day stretch your tendrils my Heart.
What if some petals seem to get pulled apart?
There are marvels beyond the range of sight
To melt the corrosion of caution's blight
That says it's best not to open the eyes
Lest darkness descend once again from the skies.
Day too has a polestar to see you through,
A brightness each instant born anew. Its light rushes head-
long from on high To transform every tear and sigh
Into a peerless pearl of grace:
Only recall Her gaze, Her face.

Maggi Lidchi Grassi

CAN'T YOU SEE

Can't you see
How occupied I am?
I attend to things
A thousand and one
Then, in one moment
You sneak in
You hold me
In Thy gaze eternal
I slip into the Sound of Silence
With a smile and a sigh

With joyful Gratitude,
Anandi Z.

Voices & Notes

AUROVILLE RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay Tuned!



Last published podcasts

- [Marlenka's weekly Offering—Ep.128](#) (Literature)
- [Seeking Our Inner Being Group Discussion In English—Ep.2](#) (Spirituality)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.480](#) (Integral Yoga)
- [Seeking Our Inner Being Group Discussion In English—Ep.1](#) (Spirituality)
- [Exploring Education in Arts, Animation and Film-making—Ep. 42—"Introduction of Color and The Hollywood Studio System"](#) (Arts and Culture)

Last Youtube Videos

- [Exploring Education in Arts, Animation and Film-making—Ep.1 | Abhijith Roy](#)

...and more! on www.aurovilleradiotv.org

For more information write to radio@auroville.org.in

Peace and love

Sai Priya for Auroville RadioTV

A CALL FOR CONQUERORS

Within and without, according to the unique role that you are called for.

Here, in the context of this 57-year ongoing evolutionary social experiment that is Auroville, are the Kalki Avatar's Supreme Call and Guidance to all aspiring True Aurovilians, Willing Servitors and Hero Warriors of the Divine Consciousness-Force: [The Mother's Agenda of March 3, 1971](#)

Remember, you have been diving back to Earth life after life battling it out with all the guardians of physical immortality. This time you have crossed paths with Sri Aurobindo and the Mother and reached their City of Dawn, against all odds. But alas, Auroville is a concentrated battlefield full of dangers and alluring traps manned by formidable gods and goddesses of the mental past that seeks to endure, dragging you back down to the abyss. Oohlala...

But lots of awakened allies as well, going about their own business, whatever, like magic mirrors ever ready to help. And for the most difficult and ultimate Supramental challenge and realisation ["the need to consent in all humility to become imbecile before being able to acquire it: the creative willpower."](#)

Ayayay...

But again and again, try to remember who you truly are deep within, [the first necessity](#):

"The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances. At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville."

"Earth is the chosen place of mightiest souls;

Earth is the heroic spirit's battlefield,

The forge where the Archmason shapes his works."

<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>

*"I saw the Omnipotent's flaming pioneers
Over the heavenly verge which turns towards life
Come crowding down the amber stairs of birth;
Forerunners of a divine multitude,
Out of the paths of the morning star they came
Into the little room of mortal life.*

*I saw them cross the twilight of an age,
The sun-eyed children of a marvellous dawn,
The great creators with wide brows of calm,
The massive barrier-breakers of the world
And wrestlers with destiny in her lists of will,
The labourers in the quarries of the gods,
The messengers of the Incommunicable,
The architects of immortality."*

<https://incarnateword.in/cwsa/33/the-vision-and-the-boon>

Sri Aurobindo, Savitri

It was and is always Your Choice...

And when it becomes too intense... remember, there is the Sunlit Path.

We consciously continue on...

Note: For readers on the printed paper version, please scan the QR Code to access the online copy and linked references, or through the website link below.

Om Namō Bhagavate. Zech, 2025.02.08

<https://zechjaya.blogspot.com/>



AUROVILLE THE CITY OF DAWN 2

There are people in Auroville who, since long, have been against any attempt to realise the City according to Galaxy design. It was passed on, it normalised. Any attempt at discussing or planning was thwarted, ridiculed, pushed aside.

I believe this was done for many reasons: Out of personal gain or opinion, the need to protect what one has, distrust, a certain fear of Auroville as a more real collective life (= the City according to Galaxy/ Mother's design). Of course desire, egoism, lust for power etc. Believing one's own idea to be right. Or intellectual arrogance.

But I think the main one is: personal reaction to how one was treated by the other. Yes, in Auroville we know how to hold a grudge and seek vengeance. And we know how to treat others with arrogance and disdain, so easily, so easily justified with a certain spiritual arrogance. And we carelessly throw the deeper meaning of Auroville City Galaxy Design out of the window. And forget why we came here.

Yes, all the above. We then justify our actions. The deeds are covered up, and one believes to do good. Underneath it all lies the reactive hurt/wounded/vengeful person. The feelings of shame develop deep down, knowing somewhere that the things one did was not from an Aurovilian state of being/becoming. The guilt and shame then has the person either withdraw and become silent, or choose to keep the ball rolling. A feeling like, if I stop now I will be seen. Another will go outright into fight mode, still believing the cultivated story. And all supported by a clique of 'chez nous' (= we are the Club so to speak). An elitism if you will. 'We are the true inhabitants of this land'. Or 'We are more yogic'.

Of course we all bear responsibility, subtly or not. It was also difficult to make decisions in life here, according to a city design meaning, and one could not easily see a plan of sorts. There was also an elite of sorts developing, covering the Galaxy design with a certain mystery. Projects were developed haphazardly, not taking into account the design of the city. Enfin, it was not a thing out there among us. It was not much talked about etc. A laissez faire settled in. An ongoing blocking.

So then, rather than to put blame, it is simply important to acknowledge this. And now we can start making the manifestation of the City 'a thing'. Let it be talked about, let it inspire. Let the AVI's do more about this. Let us recognize that the City was inaugurated, and try to inspire creative people to help design and build further. Get funding for a line of goodwill for example, or to fully develop Dehashakti etc,projects in the international, industrial, residential or cultural zones!!

It is to be a City of the Charter. Let us start uniting behind this. This is the Township Auroville, it is our body. Without the body, no life. Instead of conflict, build, and let build, and support. This is the thing we have in common here, one body, and it was given birth by The Mother. We should just get on with it.

Hans, Transformation

INSPIRING STORIES COME TO LIFE

We are seeking stories, memories, and any available information about four remarkable pioneers of Auroville: Bhavana, Juanita, Anie Nunally, and June Maher. Their journeys were woven into the fabric of Auroville's early days, and we hope to honor their legacy through a documentary film.



If you know them, have anecdotes, letters, photos, or insights to share, please reach out to us at InLight@auroville.org.in. Your contributions will help us bring their inspiring stories to life.

InLight Film Studio
Alessandra, Gustavo, Rathees, Manu

BUSY LIKE A BEE

How busy are you these days? What is it for? What are the flowers you are visiting? What are the flavours of the honey you are making, Sweety?

The buzzing bees must be fully engrossed, happily “beeze”.

For me, there are moments when I am like these bees and feel that way, flying, flowing, full-on and at ease; at other times I’m busy, efficient, inspired, energetically charged, tensed up, tending to all details of the “project at hand”, and forgetting proper rest, sleep, water-in & water-out... And I get exhausted; I need time, a relaxing pace and self-care to recover.

In the latter scenario, there seems to be a sense of urgency in me, arising from the subconscious, or the mental-vital duet—no idea of the exact source, though. Could it be from my ancestors, parents, habitual pattern, social background, current societal trend? Could it be the proper, pure creative urge that doesn’t leave me alone until I “manifest” it?

When I honestly observe myself and the world all around, alas, I see and confess that it is quite a mixture, me included. No one seems to be excluded in this, luckily so, or not...

It reminds me of a Chinese word “忙”, pronounced máng, meaning “busy”, with two components “heart” and “dead”. This word was not there in the ancient script. What does it imply? Is busyness a modern turn of events?! Is it a major cause for “dis-ease”?

What could be a proper reversal? Shall we be consciously busy, realise the value of the being, the futility of busyness?

With joyful Gratitude, Anandi Zhang



Part 2: My personal perspective and the consequences I have faced

[See the document for information as pointers and an access to some appropriate emails](#)

Through these series of events, apart from the humiliation and disrespect faced, I also constantly felt dominated by individuals who, in the context of Auroville, I do not view as superior. I identified a clear bias against myself, particularly since the introduction of the IAPE program and earlier during the shift of executives in Dehashakti.

Part 3: Unanswered Questions and Concerns

1. AVPEB’s Formation and Mandate:
 - Open questions that remain about the formation of AVPEB, including:
 - Under which group or body was it established?
 - The selection process for its members
 - It’s working mandate and how it was granted the authority to make decisions affecting teachers at Dehashakti.
 - Despite repeated requests, no official response or documentation has been provided.
 - Recent emails from AVPEB have no names as signatories, and it is noticed that they have changed their full form from being Auroville Physical Education BOARD to Auroville Physical Education BODY.
2. Compulsory Nature of IAPE Program:
 - The imposition of the IAPE program, originally presented as a voluntary learning opportunity, raises significant concerns.
 - The process of selecting facilitators for the program, as well as the lack of transparency in making it a mandatory requirement for Dehashakti teachers, is a question unanswered.
3. Assessment as a Decisive Factor:
 - The introduction of assessments marking “pass” or “fail” as decision making factor for work in Auroville, challenges the foundational principles of Auroville.
 - Concerns persist about whether those responsible for such decisions are aligned with Auroville’s values of collaboration, inclusivity, and respect.
4. Role of SAIER:
 - At one of the school board meetings, SAIER had denied that AVPEB is part of SAIER, and did not have a formal letter of their formation, yet they allowed and still allow them to exercise their authority in one of the SAIER’s sub-units.
 - Working place code of conduct, and a respectful resignation/ leaving of teachers was not followed by SAIER, instead they supported AVPEB’s forced actions.
 - One of the SAIER executive is also a member of AVPEB, which is a direct conflict of interest.
5. Disrespectful Treatment of Teachers:
 - The manner in which teachers were removed from their positions expresses lack of dignity, respect, and proper communication.
 - This process, coupled with the failure of parents, schools, and the school board to intervene or object, highlights a deeper misalignment with Auroville’s values of integral education and community spirit.
 - Actions such as sudden changes in maintenance arrangements and the absence of transparent dialogue undermine trust and raise further questions about accountability and decision-making processes.
 - Lack of transparency, raising concerns over who makes the decision, and how it impacts the teachers at their workplace.

Please write to me directly in case of any concerns/ further questions.

Ganesh Kaliappan, ganeshkauroville@gmail.com

MY JOURNEY AND TRANSITIONS AT DEHASHAKTI, 2024

I am writing this to bring to light my long journey at Dehashakti, the recent transitions there, the consequences I faced because of these transitions and some open questions for the community to look for answers to.

I have worked with Dehashakti School of Physical Education from Year 2008 till 2024. During this period, I evolved from a volunteer to an assistant teacher then a class teacher and an executive for a few years. The journey through this work was insightful and I learnt a lot from all fellow teachers and new students each year. Other than Dehashakti, in the last 10 years I have developed teams for different sports, training students from Auroville and Bio-region, and have dedicated myself towards a true service for development of Physical Education in Auroville.

I want to share the facts and details behind the recent (June—Aug 2024) transitions at Dehashakti. While I am writing this at a personal level, it includes all relevant communications and emails so that anyone interested can understand the developments thoroughly. I have served at Dehashakti for approximately 15-17 years, and I feel it as my responsibility to have everyone informed about these significant changes.

Part 1: The series of events during this transition

[See the detailed timeline with links to emails here](#)

We at Dehashakti had an evolving Integral Physical Education Program. While this could be looked at as a holistic program, we constantly recognized gaps within our system and team to further evolve and develop the program. Over the past few years, the then executives of Dehashakti (Michel & myself (Ganesh)) and Saravanan have been working on identifying these gaps and finding solutions that align with the larger principles and ideals of Auroville. Please see this SWOT analysis that summarizes some of our reflections from one such session.

Despite the lack of cooperation and recognition from SAIER over the past year or two, we continued our efforts with the same spirit. However, mid last year (2024) brought a shocking and a forced transition.

AUROVILLE STORIES: 1968–2068



Mark your calendars for two storytelling events where community members and other friends will share meaningful memories and hopeful dreams about our journey together in Auroville.

Many have been crafting their short stories to tell—either live or recorded.

If you would like to join the lineup, please contact Daniel Greenberg at daniel@ic.org or +1 9783941711 WA.

Daniel

Classes, Workshops & Healing Arts



Create, Explore with the World Game in Auroville

We offer an opportunity to be creative, to be able to express our own individuality and our unique, living soul. Tradition of Auroville since its creation, the world game is used as a tool to “know oneself”, this being the core of all learning.

Click to know more: [Adults](#) or [Children](#)

Details:

- Duration: 1,5 to 2-Hour Sessions are on appointment.
- Individual session or together with a good friend.
- Price per session: Rs1500; for 3 sessions: Rs3500.
- Discounts available for Aurovilians, Newcomers and Savi Volunteers.
- The session can be done in English, Francais, Espanol, Nederlans.

To book an appointment: Contact Elena +32491259966 WA, marin.avila.elena@gmail.com

Aikya

AUROMODE SPA

Offers Cosmetology Services

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday only by appointment call or WA: 9443635114.

Megha for Auromode SPA

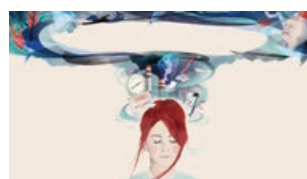


MINDFULNESS OFFERINGS IN FEBRUARY WITH HELEN

Miksang: Mindful photography exploration in the forest

- Tuesday, 18 February, 4—6pm @ Revelation Forest

Miksang means ‘Good Eye’ in Tibetan. It is a form of contemplative, mindful photography. The focus is not on technique, but on discovering a moment of fresh, direct perception where the world stops us out of the blue and wakes us up to something deep and true.



It is a practice to align our eye, mind and heart together in a single moment. It can help you open more fully to the present and see the ordinary magic of the world erupt in front of you.

- Booking is required. To register contact Helen on 7094753054 WA or visit innersightav.org.

Mindfulness Kindfulness—half day retreat

- Saturday, 22 February, 9:15am—12:30pm @ Creativity Hall of Light

This half-day retreat provides a chance to unplug from the stress & chaos of everyday life, & revitalise in this immersive space of calm. It is an invitation to shift the pace of life and reorient attention softly, with care, to the here & now.

This session blends mindfulness meditation practices with reflections on kindness, allowing for an inner movement towards softening, care and compassion.

Participants will have the choice of practicing in a seated position or lying. It is suitable for all—those new to meditation and experienced meditators looking to deepen their practice.

- Booking is required. To register contact Helen on 7094753054 WA or visit innersightav.org.

Mindfulness Practice session (11 & 18 Feb only)

- Tuesdays 7:15—8am @ Maloka Hall, Anitya

Join for this weekly guided mindfulness practice. No need to book, just turn up.

- For details on location etc. contact Helen, 7094753054 WA

Helen

BODY IN LIGHT:

Energy Healing Workshop

14—16 February, Friday to Sunday, 9am—5pm @ Pavilion of Tibetan Culture

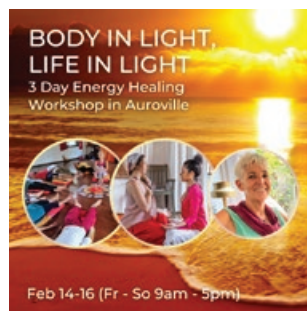
Do you want to step into the harmonious frequency of the universe?

3 Days of radical Self-empowerment:

- Discover your Divinity
- Awaken the Goddess within

We explore with joy the 3 paths to ascension:

- Heal old pains, patterns and programming
- Align to your Divine Essence
- Tune into mystical moments of realization by stepping into the frequency of the four powers of the Divine Mother: Wisdom, Harmony, Strength & Creation
- Dive into powerful techniques for self-healing, and learn Fundamentals, Principles and Universal Laws of energy healing.



More information: <https://bit.ly/bodyinlight-workshop>

Register: contact@auroville-jiva.com, or +91 9443619403 WA.

Sandyra

AUTHENTIC RELATING

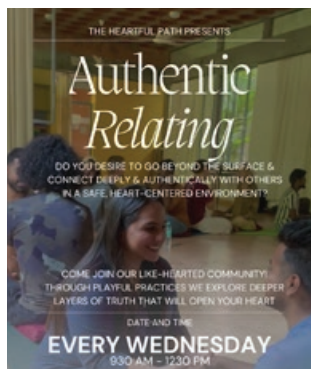
Every Wednesday, 9:30am—12:30pm
@ Hall of Light, Creativity Community
with Dave & Prem Shakti

This offering creates a safe space for heart-centered, authentic expression, leaving us more alive and resourced to share our light with the world. Authentic Relating uses interactive games to build skills for deep, meaningful connections, fostering wholeness through honest self-expression.

It cultivates genuine, fulfilling, and mutually rewarding relationships. Please bring comfortable clothes and your presence.

- Register now here: <https://tinyurl.com/ARAuroville>.

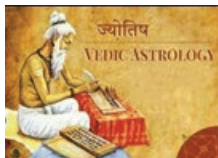
Dave



WEBINARS RELATED TO VEDIC ASTROLOGY

I'm offering a series of free webinars related to Vedic Astrology over the next few months.

- **21 February:** Vedic astrology in the light of Integral Yoga
- **28 February:** Understanding the birth chart of Auroville
- **8 March:** Science and Spirituality
- **18 March:** Debunking Myths
- **30 March:** Review of different software available in Astrology
- **10 April:** Astronomy behind Indian festivals



For more details and registration please click on the link allthingsvedic.in/webinars

Vikram Devatha, +91 9843948288

LIFE-STYLE RESET RETREAT

7—9 March @ Tanto Beach, Auroville

Feeling low on energy, stuck in unhealthy habits, or noticing signs of aging creeping in? Frustrated by weight fluctuations? Redesign your daily routine and unlock your full energy!

Our Lifestyle Re-set Retreat provides practical and holistic tools to help you achieve peak energy levels and empower you to live a purposeful life at your full potential.

With our 3 lifestyle, fitness and yoga instructors, you will:

- Learn wholesome daily habits to elevate your energy, maintain it & skillfully utilize it,
- Experience health & wellness through calisthenics, yoga, meditation, breath work,
- Explore techniques to enhance your joy, longevity and overall wellness,
- Schedule customizable routines to fit your lifestyle and goals.

If you want to make a clear, actionable plan with us and maintain these changes at home even after the retreat, join us on this transformational journey!

Contact for more details

- Rekha +91 9945611011 or
- Laure +33695651135.

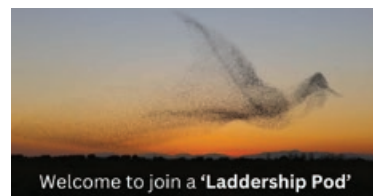
Submitted by Laure



LADDERSHIP POD

Laddership Pod is starting on 16 February

Laddership Pod is a global peer-learning lab run by ServiceSpace for values-driven change-makers. Over three weeks, participants immerse in an online "head-hands-heart" journey in the nuances of leading with inner transformation, gift ecology, design thinking, and incubating an offering of service.



It's an online program and Auroville participants can also meet in-person for a deeper connection.

- For online Pod details and registration visit: pod.servicespace.org
- For Auroville meetup, contact Deven on: flourish@auroville.org.in

Submitted by Deven

SITARA MUNAY-KI YOGA

Sitara: Meditation—Yin Yoga—Sound Journey

- Mondays, 10:30am—12pm @ Hall of Light, Creativity
- Thursday, 10:30am—12pm @ New Creation Studio

This is a drop-in class, offered on donation.

Sitara has been living in Auroville for 22 years. Over time, she held many different transformational workshops, and recently she started to offer Yoga Teacher Trainings. To learn more about Sitara see

- <https://sitaramunay-kiyoga.org/sitara/>

In this class, accessible to all levels, she will teach her favorite combination of meditation, yin yoga and sound journey. Yin Yoga uses gentle, long-held poses to release deep tension and increase flexibility. Combined with sound healing, it brings a calming and restorative experience for body, mind, and spirit.



Sitara Munay-Ki: Sacred Sound Journey to find your Mission

- Every Monday, 5—6pm,
@ Hall of Light, Creativity

Only on registration: +393288181300 WA

- gp@auroville.org.in

Munay-Ki: Surya Kriya & Tibetan Rites

- Wednesdays, 11:30am—1pm
@ New Creation Studio
- Fridays, 10:30am—12pm
@ Hall of Light in Creativity

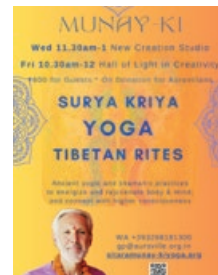
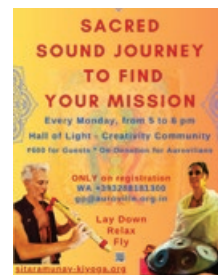
Original combination of ancient yogic and shamanic practices.

Note: Suggested donations: ₹600 for Guests,
on donations for Aurovilians.

- [New Creation Studio](#) is on the second floor of the building just after La Piscine. Stairs in the narrow pathway alongside the pool's brick walls.
- [Hall of Light](#) is in the Creativity Community, in the center of Auroville.

Check sitaramunay-kiyoga.org for all our activities!

Sitara & Giovanni Munay-Ki



ARKA WELLNESS CENTER

February Program

arka@auroville.org.in, 0413 2623799



Treatments

Treatments	Therapist, When
Body Logic, Soft Massage and Deep Tissue Massage.	Pepe, Monday to Saturday, by Appointment 9943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana, Monday to Saturday, by Appointment only: 9047654157
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti, (English & French), Monday to Saturday, by Appointment only: 0413 2623767, antarcalli@yahoo.fr
Integral Regression therapy, integral reiki healing, Breathwork—the holotropic way	Niyati Thakkar, Monday to Sunday, by Appointment only: 7041391995, niyatithakkar2112@gmail.com
Visceral massage (it uses manual abdominal pressure to improve health, metabolism, and immunity, helping with conditions like gastritis, diabetes, bronchitis, cystitis, hormonal disorders, and migraines)	Olesya, by Appointment only: +9159052743, olesya@auroville.org.in
Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice	Shruti, by Appointment only: +917904769496, auroshruthi@auroville.org.in

Services

Services	Description	Contact Details
Aurokiya	Eye care center	Monday & Saturday, 9am–12:30pm, 1:30–5pm, 8012305151, aurokiya@auroville.org.in
Maatram	Pshychological & Emotional consultation	By Appointment, 9159052743, maatram@auroville.org.in
Convalescence Facility	Post-surgical and care facility (for Aurovillians only—max. stays 3 weeks)	Please contact Arka, 0413 2623799, arka@auroville.org.in
Emergency Services	Ambulance & emergency service	9442224680, ambulance@auroville.org.in
Svasti	Homeopathic consultation	By Appointment: 9428429642, aditivva@auroville.org.in
Health & Healing Trust	Administration office	Health & Healing Trust healthhealingtrust@auroville.org.in

Classes

Classes	Teachers	When
Pilates	Teresa	Tuesday & Thursday, 7:30–8:30am, Friday 5:30–6:30pm, by Appointment only: 7867998952
Iyengar yoga	Olesya	Monday, Wednesday & Saturday, 6:30–8am, Monday, Thursday, Saturday, 5–6:30pm, or by Appointment: 9159052743
Eye yoga and wellness Retreat	Aurosugan & Priyanka	Monday to Sunday: 7–8am, by Appointment only, 8012305151/ 9704258709
Hatha Yoga	Priyamvada	Monday, 8–9am, Friday, 7:30–8:30am by Appointment 9486261640

Ramana, Arka

**CHANTING IN MOVEMENT
Shlokas on the Mahashakties**



Chanting in Movement
Shlokas on the MahaShakties

Workshop timings over 4 sessions
10am to 12pm @ Progress Hall Bharath Nivas

Saturday 15th Feb '25 Maheshwari Sunday 16th Feb '25 MahaKali
Saturday 22nd Feb '25 Mahalaxsmi Sunday 23rd Feb '25 MahaSaraswati

Contribution for each session per person
Visitors: 2,000INR - Aurovillians: 2000INR

Workshop curated & conducted by Poojarini Chowdhury Nityasangeet artist, director of Redfeet Dancestudio

WhatsApp: +91 9428194147
www.redfeetdancestudio9500.com

Discover ancient Vedic shlokas in Sanskrit along with movements inspired by Indian classical dance. Learn how to chant and dance together and express the powerful meanings of the spiritual poems. Performed on original music compositions.

Workshop timings over 4 sessions

10am—12pm @ ProgressHall Bharath Nivas

- Sunday, 16 February: MahaKali
- Saturday 15 February: Maheshwari
- Saturday 22 February: Mahalaxsmi
- Sunday 23 February: MahaSaraswati

Contribution for each session per person.
Visitors: Rs 2000, Aurovillians: Rs 200

Workshop curated & conducted by Poojarini Chowdhury, Nityasangeet artist, director of Redfeet Dancestudio.

918438194147 WA

www.youtube.com/@redfeetdancestudio9500

Submitted by Monisha

TAIZÉ CHANTS

13 February, Thursday, 5 to 6:30pm
@ Unity Pavilion

Taizé Chants Practice. Join us in practicing Taizé chants! Starting 13 February, Thursday, we will meet approximately every two weeks at Unity Pavilion, in the Hall of the Peace Table, from 5 to 6:30pm.

Taizé chants are simple, meditative songs with repetitive melodies that help deepen focus and inner stillness. This is a space for practice and allowing the experience to unfold naturally. All are welcome!

Ulrike

INTEGRAL UNFOLDMENT**Life Coaching (Aletheia Coaching School)***Integral Unfoldment*

PRESENCE-BASED LIFE COACHING

**Are you feeling stuck? Looking for a renewed purpose?**

Life is an incredible journey, unfolding one chapter at a time. In some moments, it's natural to feel stuck or lost, or longing for a new direction.

I'm here to support those ready to go deeper—beyond the surface—courageously exploring what's emerging and navigating roadblocks with presence and authenticity.

Through a transformative approach inspired by **Internal Family Systems (IFS)**, **Focusing**, and the **Diamond Approach**, we'll uncover your innermost self and help you get unstuck and move forward with clarity and purpose.

Dave (JOI Anitya), +44 7564119728 WA

AUROMODE YOGA SPACE**Aurothaima—Hospitality Trust**

Pre-registrations is a must for all the program through Email or WA. Write to us to know more about the fees structure and other details:

- balaganesh.siva@gmail.com
- +91 98926 99804 WA only

**Evening Vinyasa Flow Yoga with Bala**

- **Every day of the week Except Wednesday, 5:30—7pm**

Vinyasa Flow yoga emphasizes the coordination of breath and movement, creating a dynamic and fluid practice. This style links various yoga poses together in a seamless sequence, building a continuous flow of postures that energizes the body and calms the mind. Whether you're a beginner or an experienced yogi, Vinyasa Flow classes adapt to your level, offering the perfect balance of intensity and mindfulness.



Meet Balaganesh Siva: With 10 years of yoga experience, Bala is passionate about sharing the transformative power of yoga. His classes are designed to create harmony between breath, body, and mind while helping you achieve your wellness goals.

Gentle Hatha/ Yin Yoga with Cora

- **Tuesday to Sunday (No classes on Mondays)**
- **9:30—10:45am**

Discover the transformative power of Gentle Hatha Yoga with Cora, a nurturing practice that emphasizes mindfulness, alignment, and accessibility. In this class, props like blocks, straps, and bolsters are used to:

- Support your body in achieving proper alignment.
- Enhance flexibility and deepen your stretches.
- Encourage relaxation and reduce stress.

Perfect for beginners, seniors, or anyone seeking a gentle yet effective yoga experience, Cora's classes focus on creating a safe and welcoming environment where you can connect with your breath, body, and mind.

Whether you're recovering from an injury, managing stress, or simply looking for a calming practice, this class offers the tools and guidance to support your wellness journey.

Come as you are, and leave feeling renewed!

Mobility with Karlakattai & Kalaripayatu

- **Monday, Wednesday & Friday, 11am—12noon**

Inspired by the ancient martial art forms of Kalaripayattu and Karlakatti, contemporary styles of yoga, and the modern movement practice of Animal Flow, this class offers a comprehensive approach to fitness. Our sessions are designed to improve overall fitness, strength, endurance, and flexibility. Bala, a seasoned practitioner of these mixed modalities, will guide you through an hour-long exploration and fusion of these traditions to create a unique style of body conditioning aimed at enhancing your overall health and happiness. Join us to transform your body and mind through this innovative fusion of time-honored practices.

Harmony of Sound, Vibration, Marma Head Massage

- **By Appointment**

Experience a unique and deeply relaxing therapy session **combining sound healing, vibration techniques, and marma head massage**. These ancient practices help balance energy, relieve stress, and restore harmony to mind and body. Book your appointment for a personalized session.

22 days—200-Hour Yoga Teacher Training Course (Intensive)

- **3—24 March, 6:30—9am & 3:30—7pm**

This intensive 200-hour Yoga Teacher Training Course (TTC) is designed for aspiring yoga teachers and dedicated practitioners looking to deepen their practice. The course covers Daily Hatha & Vinyasa flow yoga sessions along with Pranayama, Meditation, Kriyas.

- Yoga Philosophy of Patanjali and other texts.
- Sequencing skills, anatomy, subtle anatomy, mantra chanting, mudras
- Asana Analysis & modification with props
- Introduction to Kalaripayatu, Animal flow, Sound healing, Karma Yoga and more.
- Not just Asanas, but a complete lifestyle experience in the International town of Auroville.
- Discover the joy of a disciplined, sustainable & injury free self practise and gain tools to teach others.
- Internationally recognised Yoga Alliance, USA accredited Certification.

28 days—300-Hour Yoga Teacher Training Course (Intensive)

- **3—31 March, 6:30—9am & 3:30—7pm**

A 300-hour Yoga Teacher Training (YTT) is an advanced program designed for individuals who have completed a foundational 200-hour YTT and wish to deepen their practice and teaching skills. This training delves into advanced aspects of yoga, including intricate asanas, comprehensive anatomy, philosophy, and refined teaching methodologies. It emphasizes the development of specialized teaching techniques, enabling instructors to cater to diverse student needs and enhance their professional expertise. Upon completion, participants often achieve a 500-hour certification, reflecting a higher level of proficiency in yoga instruction.

- Internationally recognised Yoga Alliance, USA accredited Certification.

Find us:

- Second Floor Hive Building, Auromode Apartmets
- [Yoga Shala](#),
- [Auromode Apartments](#)

Submitted by Balu



Program February 2025
 We are closed on 28 February!

Important notice

Each year, from January to March, we experience a high demand for our activities. Each class has a limited number of spots to ensure a comfortable and safe learning experience for all participants. The size of the class may vary according to the room and activity.

To help us manage this, we kindly ask that you arrive a few minutes before your class begins and check in at the reception desk. Our team will inform you if there's space available or if the class has reached its capacity. For our drop-in classes, spaces are allocated on a first-come, first-served basis.

We appreciate your cooperation in helping us create a positive and enjoyable learning environment for everyone.

Drop-In Classes

join without prior registration!

Mondays	
7:30am–9am	Asanas mixed level with Rachel
8:30am–10am	Yoga Therapy with Gala
10:30am–12:30pm	Prenatal Yoga Circle with Flowrina
4pm–5pm	Doing No-Thing Consciously with Mike
5:30pm–6:45pm	Vinyasa Flow Yoga with Dinagar
Tuesdays	
7:30am–8:45am	Self Practice with Rachel
4pm–5:15pm	Yoga: Restore & Relax with Flowrina
5:30pm–7pm	Antigymnastique® with Francesca F.
Wednesdays	
7:30am–9am	Asanas mixed level with Rachel
8:30am–10am	Yoga Therapy with Gala
5:30pm–6:45pm	Vinyasa Flow Yoga with Dinagar
Thursdays	
7:30am–8:30am	Lucid Journey—Immersive Guided Meditation with Malcolm
7:30am–9am	Yoga: Chakra Conditioning with Flowrina
4:30pm–5:30pm	Aviva Exercise with Suriyagandhi, for women only
5:30pm–7pm	Yoga: Restore & Relax with Flowrina
Fridays closed on 28/2	
6:45am–8am	Pranayama with François & Namrita, For former "The Art of Living" course participants
7:30am–9am	Asanas mixed level with Rachel
8:30am–10am	Yoga Therapy with Gala
4:30pm–5:30pm	Readings of The Life Divine with Balvinder
5:15pm–6:15pm	Feldenkrais with Shari, not on 21/2
5:30pm–6:45pm	Vinyasa Flow Yoga with Dinagar

Saturdays	
7:30am–8:45am	Yoga: Prana Flow Conditioning with Flowrina
8am–9:30am	Breathing & Mudras with Gala
9am–10:30am	Asanas intermediate level with Rachel
11:00am–12:30pm	Kundalini Yoga with Bel
2:30pm–4:30pm	Truth Based Relationships—Practical Sessions with Juan Andrés
4pm–5pm	Odissi Classical Dance, a beginners' class especially for children, with Agila, assisted by Rekha, not on 15/02

Youth Activities

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before joining the class.

- **Asanas for Teenagers with Lisbeth**
 - Mondays, Wednesdays, 4pm–5:15pm
 These classes are for the teenagers from AV schools.
- **Energy games for children, 9 yrs. +, with Gala**
 - Saturdays 10–11am

Classes—By Prior Registration

- **Art Therapy with Gala**
 - Thursdays, 3–5pm for adults
 - Fridays, 3–5pm for families

Healing Space—By Appointment

- Acupuncture by Heidi S.
- Antigymnastique® individual session by Francesca F.
- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh
- Cranio Sacral Technique by Anne H.
- Shamanic Healing by Auromira
- Shiatsu by Patricia G. (for Auroville residents only)
- Thai Yoga Massage by Juan
- Yoga Therapy with Nadia A.

New Activities

- **Breathing & Mudras with Gala**

A weekly class about breathing techniques and meditation mudras.

- Saturdays, 8am–9:30am

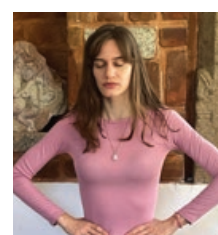
This class invites everyone with interest in learning breathing techniques in combination with meditative mudras. The class is open to all level of practitioners.

Workshops

Pranayama Course—The Art of Living Part 1 with François & Namrita

- **Wednesday, 19–Saturday, 22 February**
- **Daily 6:30–8:30am, for 4 days, registration required.**

The Art of Living Part 1, four days intensive pranayama course, combines breathing techniques, meditation and features Sudarshan Kriya, a breathing technique that uses specific rhythms of breath to detoxify every cell of the body and infuse it with energy.



- Please come in loose, comfortable clothing and on empty stomach.
- Attendance on all 4 days is compulsory.

Workshop “Kolam Yoga Foundation Course” with Grace Gitadelila

- Weekly twice:
Tuesdays & Thursdays, 10am–1pm till 27 February



Kolam Yoga is an ancient training syllabus for the physical body, mind and spirit. The course offers in 12 sessions a systematic practice through the drawing and dancing of Kolam which cultivates an expanding perception of our world and a deeper understanding of its underlying fundamental Universal laws. The ultimate aim of Kolam Yoga is one of self-development and self-realization.

The course has started in January but participants can join for some class modules.

- For registration, please contact Pitanga.
- Contribution: Rs. 1,500/- per day.
- Discount rates are available for Aurovilians, Newcomers and SAVI registered volunteers.

For further information:

- Website: <https://www.kolamyoga.com>
- Introduction video: <https://youtu.be/IErbDiGJVTA>
- Contact Grace: +91 8072449091

Pitanga supports a cashless economy in Auroville. If you are hosting guests who would like to participate in our activities, please inform them that contributions must be made cashless. If you wish to receive our program of activities by email, please write to us. See you at Pitanga, with a smile!

2622403/ 9443902403 WA,
info@pitanga.in, Andrea for Pitanga Team

SOUND THERAPY & SELF HEALING

Rejuvenating soundbath combined with breathing techniques for maximum benefits.

- By immersing yourself in the vibrations from a sound bed you will start to connect with your body’s consciousness.
- By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself. These exercises can be continued as a Self-Healing practice at any time in the future.

Contact 9385428400 call/ WA to book your session today! Donation Based
Submitted by Isha



TRADITIONAL MANTRAS AND STOTRAS

Chanting Classes

@ Serendipity Community with Sonia Novaes

- Thursdays, 9am, Drop-in class
- Fridays, 5pm, Regular class

Everyone is welcome who wants to learn traditional chanting of mantras and prayers with precise pronunciation. If you’d like to explore further and continue your studies of mantras and chants, you’re welcome to join our regular classes.



Sonia serendipityauroville@gmail.com,
+91 8940288090

It Matters

Schedule from 13–22 February

Weekly Activities—A/C Room

- **Location:** It Matters, Auroville Main Road
 - **Info:** [@auroville.curated](https://auroville.curated)
- All activities are: Rs./600 for guests and Rs./150 for Aurovilians/ Newcomers/ Savi Registered Volunteers. Discount vouchers available, only for weekly activities, not for workshops.
- **Workshop pre registrations:**
 - itmatters@auroville.org.in, or +91 9344087925 WA

Date	Activity
13 February, Thursday, 4.30—5:30p	Funky Munky Laughter with Ancolie Dove
14 February, Friday, 3—4pm	Abundance & Psychology with Matthias
17 February, Monday, 4.30—5:30pm	Science of Meditation with Matthias
20 February, Thursday, 4.30—5:30pm	Funky Munky Laughter with Ancolie Dove
21 February, Friday, 3—4pm	Abundance & Psychology with Matthias
Date	Workshops in February
14 February, Friday, 10—12pm	Dating Mantra (Ethos & Ethics) with Akira, Rs 900
21 February, Friday, 10—12pm	Journaling Through Relationships (Express & Evolve) with Dr.Mamta, Rs 900
22 February, Saturday 3—5pm	Tools and Secrets of the Integral Yoga (Holistic Well-Being), with B Sullivan, Rs 500

**Pre-registration for Workshops is mandatory/ 50% discount for Aurovilians and SAVI volunteers*

Bhakti & Sandra

COSMIC DANCE WAVE:



A Healing Journey Through Movement

We warmly invite you to experience our transformative Cosmic Dance Wave, where the ancient art of healing merges with the freedom of dance. This unique journey guides you through four Divine energies:

- **Earth Energy—Mahasaraswati:** Ground yourself and connect to your physical light body and call in Divine manifestation
- **Water Energy—Mahalakshmi:** Leave your emotional baggage behind and flow into love, beauty and abundance
- **Fire Energy—Mahakali:** Find your true inner power and transform anger and fear through dynamic expression
- **Air Energy—Maheswari:** Clear your mental patterns and move into higher consciousness and create a Divine reality

Through this sacred practice, you’ll experience:

Deep healing across physical, emotional, vibrational, and mental planes, Elevation of your personal frequency, Connection to states of wholeness and higher consciousness. Integration of body, mind, and spirit
Sandyra

QUIET HEALING CENTER



Watsu® & OBA Basic with Dariya

- 14—18 February,
- 1—6pm, except on last day, 9am—6pm, 31 hours

Watsu & OBA session offers an opportunity for profound relaxation and letting go, for building trust, for being nurtured and held, for expanding inner and outer boundaries, for releasing emotions and traumas—ultimately, for freeing body and mind in a flow unique to each client.



In Watsu Basic, during which the receiver's face remains always on the surface, you will learn the qualities and body mechanics required to work with someone in water. During the OBA Basic part you will bring your receiver under water (with a nose clip), thereby offering a unique experience. In this beginner's course, you will learn and practise basic techniques and qualities such as grounding, presence, stillness, movement, and attention in moving another person in water. You will experience floating others and being floated, both on the surface and under water, thereby creating space for deep relaxation and nurturing body, mind and spirit.

Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections.

- **Prerequisites:** no previous experience required.

Birenda Massage Course with Jean Louis & Siv-acoumar

- 17—22 February, 9am—5pm, 36 hours

Birenda Massage is a unique Indian massage therapy, which was developed by Birenda, an accomplished therapist from Bengal with 50 years of experience. To facilitate the learning process, the course material consists of three sections: the first part is dedicated to back massage; during the two other sections, you'll learn how to massage the legs, arms and front of the body. You'll also learn how to prepare yourself before massaging a person, create a trusting relationship with your client, and offer relevant information afterwards.



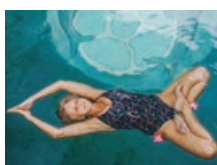
Manual and certificate upon completion of the course!

- **Prerequisites:** no previous experience required.

Woga® (Yoga in Water) 1 & 2 with Petra

- 19—20 February, 8:45am—5pm, 12 hours

Woga is a combination of two words: water and yoga. It is based on classic yoga poses and stretches, modified for standing in water that is waist-to-chest height.



Woga focuses on Hatha Yoga in water, including asanas performed in standing position, against the wall, in floating position, and under water. The course also includes pranayama and meditation.

Classes follow a structure similar to land-based yoga: breathing exercises, warm-ups, a series of poses, and a relaxation period. The key difference is that you are in a warm water pool! Swimming skills are not required.

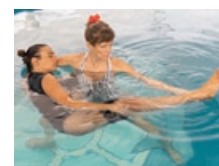
By reducing the effects of gravity, water allows ease of movements, unblocks joints, lengthens and relaxes muscles, alleviates negative tensions, and prevents stress, insomnia and anxiety.

- **Prerequisites:** no previous experience required (also no need to know how to swim).

Watsu® 2 with Dariya

- 21—26 February, 8:45am—6pm, 50 hours

Watsu 2 expands the Transition Flow taught in Watsu 1. You will learn additional movements and bodywork for each position and how to incorporate them in your practice sessions. You will also study the meridians and acupuncture points, which are relevant in Watsu, and creatively explore your own movements, while following the receiver's natural tendency to move. Practising acupuncture massage, as well as lifts, pushes, and pulls introduced at this stage, will help you develop the ability to play with energy and further explore this amazing water therapy.



- **Prerequisites:** Watsu 1

Watsu® 1 with Petra

- 28 February—6 March, 8:45am—6:30pm, 50 hours

Created by Harold Dull in the 1980s, Watsu is given in a warm water pool (ideally 35°C) and known as the mother of all other aquatic bodywork modalities.



In this 50-hour course, you will first learn the basic movements and positions of Watsu. Then, you will connect them with long, gracefully flowing transitions and adapt this work to people of different sizes, shapes, and dispositions. At the same time, you will practise basic qualities such as grounding, presence, stillness, movement, and attention in moving another person in water. You will experience floating others and being floated, thereby creating space for deep relaxation and nurturing body, mind and spirit.

On land, you will be introduced to both Co-Centering and Tantsu, and explore what it means to be held for yourself and others.

By the end of this course, you will have learnt the complete Watsu 1 sequence for further practice sessions till you feel ready to move on to Watsu 2.

- **Prerequisites:** no previous experience required

Guido for Quiet, +91 9488084966,
www.quiethealingcenter.info/
quiet@auroville.org.in

SOUND CHAKRAS HEALING

Guided vibrational Sound Journey using Shamanic Drum, Tibetan Bowls and tuning forks to Reduce Stress, Anxiety, Depression, Stimulating the natural cellular healing process, Rebalancing the emotions & Reconnecting with your true essence.



- Individual Sessions, Couple Sessions
- Group Sessions (on request)

For appointments, contact me at:

Lakshmi +91 8489764602, lakshmiprem369@gmail.com

Offered under Abhaya, Lakshmi

CRANIO-SACRAL SESSIONS

Dear Community, I am giving free Cranio-sacral sessions for Aurovilians and Volunteers from now until around mid of February. For anyone interested please write to me on simoniverse@gmail.com, on +43 6801603829 WA, or message/call +91 8580972590.



Simon

VÉRITÉ

Events—February 2025

Please contact Vérité @ 0413 2622045,
2622606, 9363624083
or programming@verite.in, www.verite.in



Yoga & Other Classes

	Drop-in Classes	Timings	Presenters
Mondays	Yoga Asana: Deep Stretch & Relaxation	7:30–8:30am	Radha
	Yogic Breathing Techniques for Opening the Lungs	9:15–10:15am	Mani
	Hatha Vinyasa Yoga	5–6pm	Andres
	Deep Sound Bath	5–6pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30–8:30am	Mani
	Transformational Yoga	9:15–10:15am	Lakshmi
	Yoga Breath & Meditation Practice	5–6pm	Mamta
	Dance of the Chakras	5–6:30pm	Lakshmi
Wednesdays	Yoga Asana: Deep Stretch & Relaxation	7:30–8:30am	Radha
	Yoga to Energize the Joints	9:15–10:15am	Mani
	Hatha Vinyasa Yoga	5–6pm	Andres
	Cosmic Dance Wave: a Healing Journey through Movement	5–6:30pm	Sandyra
Thursdays	Yoga for Happy Hips	7:30–8:30am	Dev
	Yin Yoga: Deep Tissue Release (no class February 20 & 27)	9:15am–10:15am	Radhika
	Open Heart Space Meditation	3:30–4:30pm	Samrat
	Deep Sound Bath	5–6pm	Satyayuga
	Creative Voice Sound Healing	5–6:30pm	Lola
Fridays	Pranayama & Meditation (no class February 28)	7:30–8:30am	Radhika
	Hatha Vinyasa Yoga	5–6pm	Andres
	Free Flow Dance & Movement (no class February 7)	5–6:30pm	Vega
Saturdays	Yoga for Happy Hips	7:30–8:30am	Dev
	Deep Sound Bath	5–6pm	Satyayuga
	Sivananda Yoga	5–6pm	Mani

Treatments and Therapies

Therapist	Therapies (by appointment only)
Andres	Thai Yoga Massage Bodywork
Dev	Personalized Yoga Sessions
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: an 8-Step Skin Care Treatment with Indigenous Herbs

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Friday, 14 February	Master Class: Yoga to Enhance Strength & Flexibility	9:15am–12pm	Dev
Friday–Sunday, 14–16 February	Conscious Relating (3-day workshop)	9:15am–4:45pm	Ananda
Saturday, 15 February	Master Class: Sivananda Yoga	9:15am–12pm	Mani
Friday, 21 February	Food is Medicine: Lifestyle Health Daily Practices	2–4pm	Parvathi
Saturday, 22 February	Prana & Mantra: The Journey Within	9:15am–12pm	Swetha Shri
Saturday, 22 February	Face & Eye Yoga	2–4:30pm	Mamta
Friday, 28 February	Ananda & Nidra: Joyful Relaxation	2–4:30pm	Swetha Shri

Workshops

Master Class: Yoga to Enhance Strength & Flexibility

- **Friday, 14 February, 9:15 am—12pm, with Dev**

A blend of yogic strength, flexibility and relaxation techniques to rejuvenate body, mind and spirit. We explore the dynamic interplay between expansion & contraction, fluidity & structure, and breath & movement, allowing us to experience the feeling of being in each posture, rather than just achieving a posture. Feelings of stress and anxiety can diminish as we develop a sense of space and balance.

Conscious Relating (3-day workshop) with Ananda

- **Friday to Sunday, 14—16 February, 9:15am—4:45pm**

Learn tools to nurture relationships with love and presence, and processes that support relationships to grow, express and share gifts. Includes experiential awareness exercises, active and passive meditations, inner science, and more.

Master Class: Sivananda Yoga with Mani

- **Saturday, 15 February, 9:15am—12pm**

The session begins with basic breathing and pranayama practices and continues with sun salutations and the 12 classical Sivananda hatha yoga poses. The asana sequence is designed to massage and rejuvenate the entire spine, freeing the flow of prana. Between asanas, there is time for relaxation. This rhythmic alternation between effort and relaxation allows a re-patterning of the nervous system, enhancing the ease and effectiveness of the final guided relaxation.

Food is Medicine: Lifestyle Health Daily Practices

- **Friday, 21 February, 2—4pm, with Parvathi**

Learn about your body's constitution (Tridosa) & the plants, foods, spices & lifestyle practices that benefit your particular constitution & help prevent health complications. Parvathi shares her knowledge of traditional herbal healing practices through herbal cooking sessions, emphasizing the idea that food can be medicine. She will also demonstrate the proper way to prepare decoction/ infusion teas.

Prana & Mantra: The Journey Within with Swetha Shri

- **Saturday, 22 February, 9:15am—12pm**

A gentle introduction to *prāṇāyāmsa* (yogic breathwork) and mantra (sacred sound). You will learn simple yoga postures to ease into stillness and tools to integrate calm into your daily life.

Face & Eye Yoga with Mamta

- **Saturday, 22 February, 2—4:30pm**

Learn self-massage techniques to release tension in the facial area, stimulate blood circulation & improve the efficiency of our sense organs.

Anandh for Vérité programming

LEELA THERAPY

A unique combination of psychotherapy, self-inquiry and ancient teachings of Enneagram of Liberation. I invite you to be supported by heart based and trauma-informed skills, taught by Leela School of Awakening.



Private 1:1 sessions are a powerful and intimate container to work on your deep emotional healing and self-discovery. Anything, and everything is welcomed.

- **Please note:** for Aurovilians, Newcomers and SAVI volunteers contribution is of own choice.
- Leela therapy is offered by Kardash in **person or on-line**.
- For more details see www.innersightav.org or contact Kardash on 9940934875 WA.

DISCOVER A SPIRITUAL JOURNEY

With a Sencha Style Tea Ceremony

During this unique experience you will also explore the healing aspects of the tea of your choice. Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a “once-in-a-lifetime” experience that will completely change your perspective on tea-drinking, especially if you are a tea lover,



- **The session can be conducted** 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.
- **Venue:** To be decided, the ceremony can be conducted at your place of residence as well.
- Possibility to **buy the tea** after our session.
- Sessions are **donation-based** with the flow of Generosity. **+91 9385428400 Call/ WA, Isha**

EXPERIENCE THE POWER OF KUNDALINI YOGA

Thursdays, 5—6:30pm @ Hall of Light, Creativity,
Saturdays, 11am—12:30pm @ Pitanga

Kundalini Yoga is an ancient form of yoga that combines movement, breath, sound, and meditation to bring the practitioner into a balanced and harmonious state of being.

The unique combination of repetitive movements followed by periods of stillness in Kundalini Yoga sets it apart from other forms of yoga practice.

The skillful integration of these elements helps re-educate the nervous system, allowing it to relax deeply and enabling participants to experience an elevated state of well-being.



- **Drop-in classes.** Please arrive 5 minutes early. Bring water and a cloth to cover your mat.
- **Contribution Fee:** ₹350 for guests ₹150 Savi volunteers
- **Contact:** +91 7598892065 WA
Bel, a certified kundalini yoga teacher. **Bel**

Languages

LEARN ENGLISH AND HINDI

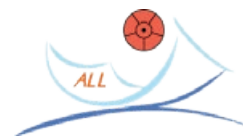
- **Learn spoken/ written English and Hindi** language for fluency and confidence!
- **For more information** contact Ashwini: 8270512606.
Ashwini, Aspiration

NEWS FROM

Auroville Language Lab, 13 February, 2025

Tomatis

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguagelab.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance.



- Send an email to tomatis@aurovillelanguagelab.org.
- Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.
- Resonance, the book!
Check it out at <https://books.aurovillelanguagelab.org>
- To enquire or register:
tomatis@aurovillelanguagelab.org or call 0413 2622467 or 3509932.

Courses

French with Jean Francois

Beginner French

This-16-hour course is for those who want to discover the French language. The classes are highly interactive, delving into French vocabulary of everyday life and the basics of grammar. By the end of the course, you will be able to make simple sentences useful to interaction, and talk about your work, hobbies, daily life, etc., in a simple way.

- This course starts on 5 February.
- Classes take place on Mondays and on Wednesday, 4:30—5:30pm.

French Conversation (Pre-Intermediate level)

This 16-hour course is for those with a little knowledge of French who are not yet comfortable conversing in French. This course will focus on day-to-day topics and will be a good mix of grammar, interactive verbal as well as written exercises. By the end of the course, students will be able to communicate in the present, past and future tenses. Students can join the class at any time.

- Classes take place on Tuesdays and on Thursdays,
- 2—3pm, from 6 February.

Private and group classes for English

Rupam: Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.

Vismai: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Beginner English with Ashwini:

- Monday, Wednesday and Friday, 4:30—5:30pm
Ashwini will take on a new group of students and work through her proven English lesson plans that she has been giving for over a decade.

Head on over to the Lab's online form and complete your registration now so that we can keep you posted!
<https://aurovillelanguagelab.org/registration/>

Poetry for Beginners with Vismai

• Tuesdays & Fridays, 4—5pm

This six-week course will explore the work of six poets from around the world, spanning diverse timelines chosen for their distinctive style, voice, and influence. Each session will feature close readings of selected poems, an exploration of poetic craft, and writing prompts inspired by the featured poet. Designed to be an immersive experience, the course is ideal for those new to poetry. Prior registration is mandatory.

Italian—Beginner Level

Our long time Italian teacher Karuna, with years of experience would love to start a new class. So, if you've been thinking about starting or getting back into learning Italian, please do register your interest online.

<https://aurovillelanguage.org/registration/>

Current Schedule of Classes as of 13 February

Language	Level	Time	Day(s) of Classes
English	The English of Shakespeare	9:30–10:30am	Tuesday & Thursday
	Pre-Intermediate & Intermediate	10:30–11:30am	Tuesday & Thursday
	Creative Writing	9:30–10:30am	Monday & Wednesday
	Learn English through theatre	11am–12pm	Monday & Wednesday
	Beginner English	4:30–5:30pm	Monday, Wednesday & Friday Starting 22 January
French	Beginner (16 hours)	4:30–5:30pm	Starting 5 February
	Conversation—Pre-Intermediate (16 hours)	2–3pm	Starting 6 February
Poetry	Beginner (6 weeks)	4–5pm	January end, TBA
Tamil	Tuesday & Friday	9:30–10:30am	February, TBA
German	Level A1 Beginner	5–6:30pm	Part II—TBA
Spanish	Beginner	2:30–3:30pm	February, TBA Monday & Wednesday
Italian	Beginner	TBA	TBA
	Advanced	4–5:30pm	Wednesday
Didgeridoo	Beginner	4:45–5:45pm	Tuesday & Thursday

Film Shows:

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Reminder about our free Evening Programs

The evening conversation classes are a chance for all to practice speaking with native speakers offering their time. Barring indicated exceptions, these sessions happen weekdays from 5 to 6pm as follows:

- **Mondays:** French with Coco and Gaspard
- **Tuesdays:** Spanish with Gloria
- **Wednesday:** Sanskrit Chanting of the Lalitasahasra-naama (1,000 Names of the Goddess) with Remesh 5:30—6:30pm
- **Thursdays:** Amy will be back on 6 February to facilitate the English conversation meet-up (then every other week). We are looking for one more anchor to host one more meet-up for English.
- **Fridays:** We are still looking for native speakers to facilitate German, Italian and Hindi conversation. Actually, any weekday from 5 to 6pm is open for people to offer their language

We are still looking for native speakers to facilitate German, Italian and Hindi conversation. Actually, any weekday from 5—6pm is open for people to offer their language. Big thanks to Darren for his time and presence for English the last few months, and to Isabelle and Patricia for French.

Communication with the Lab

Service through our BSNL phone numbers 2623661 (Lab) and 2622467 (Tomatis).

- For language-related matters, you can also use +91 9843030355WA.
- For Tomatis please use the 0413 3509932 number.

Mita, Mano, Louis & Vismai
for Auroville Language Lab

Cinema

ECO FILM CLUB:

Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
- 16:30 Tour of Sadhana Forest
- 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
- 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
- 20:00 Dinner is served



21:15 Free bus from Sadhana Forest back to Solar Kitchen
Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.
- **Note:** Families and children are welcome! Dinner for children will be served at 19:00. :)

Friday, 14 February

The Best Vegan News of 2024

31 minutes/ 2025/ Unnatural Vegan

In this video, Youtuber Unnatural Vegan has assimilated the best Vegan News of 2024 ranging from Animal Welfare, Public Perception, New Vegan Products from Vegan Companies, Non Vegan Companies Adding Vegan Options, Government Investments, Cultivated Meats, and Other Cool Things.

Aviram



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
17—23 February 2025

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday 17 February, 8pm
Hisaab Barabar (Accounts Settled)

India, 2024, Writer-Dir. Ashwani Dhir w/ Madhavan, Neil Nitin Mukesh, Kirti Kulhari, and others, Comedy-Thriller, 112mins, Hindi w/ English subtitles, Rated: NR (PG-13)

Radhe Mohan Sharma, a railway ticket checker, stumbles upon a minor discrepancy in his bank account, setting off a chain of events, leading him to uncover a massive financial fraud orchestrated by a powerful banker named Micky Mehta, the founder of Do Bank. While unearthing a billion-dollar scam and facing immense pressure and threats, Radhe does what it takes to expose the truth.

Potpourri—Tuesday 18 February, 8pm
Rebecca

USA, 1940, Dir. Alfred Hitchcock w/ Laurence Olivier, Joan Fontaine, George Sanders, and others, Psychological-Thriller-Mystery, 130mins, English w/ English subtitles, Rated: NR (PG-13)

A shy lady's companion meets the wealthy Maxim de Winter in Monte Carlo, falls in love, marries him, and moves to Manderley, his Cornwall estate. Haunted by the death of his first wife, Rebecca, she clashes with the housekeeper, Mrs. Danvers, and learns of Rebecca's lingering influence. This classic film, based on Daphne Du Maurier's celebrated novel, reveals the dark secrets of Manderley. *A film to watch all over again—rescheduled to screen the classic version!*

Selection—Wednesday 19 February, 8pm
The Darjeeling Limited

USA-India, 2007, Writer-Dir. Wes Anderson w/ Owen Wilson, Adrian Brody, Jason Schwartzman, and others, Quirky Comedy-Adventure, 91mins, English-Hindi-German-Punjabi-Tibetan-French w/ English subtitles, Rated: R

A year after their father's accidental death, three depressed brothers travel across India by train, organized by the eldest, Francis. They argue, sulk, and fight. The youngest, Jack, is drawn to a train attendant, while Peter leaves his pregnant wife and buys a venomous snake. Francis eventually reveals their surprising destination. Amid a funeral, meditation, hilltop ritual, and the Bengal Lancer, they strive to reconcile their differences.

Interesting—Thursday 20 February, 8pm
Plastic Earth

USA, 2023, Writer-Dir. Janice Overbeck & Jack Winch w/ Rob Riggle, Janice Overbeck, Clay Pearson, and others, Documentary, 100mins, English w/ English subtitles, Rated: NR (PG)

Worldwide plastic production from fossil-based sources continues to rise and contribute to climate change, pollution and environmental issues. In keeping with the theme Planet vs Plastic comes a film where scientists, engineers, researchers and innovators tackle solutions to deal with the over-production of single-use plastics. It is a discussion we must have to move away from fill-more-land-with-trash mentality. *Screened in April-2024 we bring back this topical film for those who missed it then, those who feel concerned.*

International—Saturday, 22 February, 8pm
Bastarden (The Promised Land)

Denmark-Sweden-Norway-Germany, 2023, Writer-Dir. Nikolaj Arcel w/ Mads Mikkelsen, Amanda Collin, Simon Bennebjerg, and others, Historical Epic-Biography, 127mins, Danish-Swedish-German-Norwegian w/ English subtitles, Rated: R

In 1755, the determined soldier Ludvig Kahlen arrives on the barren Jutland heath, aiming to follow the king's call to cultivate the land and achieve wealth and honor. He soon clashes with the ruthless landowner, Frederik De Schinkel, who claims heath as his own. When De Schinkel's serf flees with his wife Ann Barbara and seeks refuge with Kahlen, the landowner vows revenge. Kahlen resolutely fights back, risking his life and the bond with the small, troubled family that has formed around him on the heath.

Children's Matinee—Sunday, 23 February, 4pm
The Croods: A New Age

USA-Japan, 2020, Dir. Joel Crawford w/ Nicolas Cage, Emma Stone, Ryan Reynolds, and others, Adventure-Animation, 95mins, English w/ English subtitles, Rated: PG



Grug leads his family to a secluded Eden, only to find it occupied by the evolved Bettermans. As tensions rise between the clans, a new menace threatens them all. Can the Croods and the Bettermans unite to face the common enemy and survive together?

David Lean Film Festival @ Ciné-Club
Ciné-Club Sunday 23 February, 8pm
Ryan's Daughter (1st Part)

USA, 1970, Dir. David Lean, w/ Robert Mitchum, Sarah Miles, and others, Drama-Romance, 101mins, English w/ English subtitles, Rated: R

The film tells the story of a married Irish woman who has an affair with a British officer during World War I, despite moral and political opposition from her nationalist neighbours. The film is a re-telling of the plot of Gustave Flaubert's 1857 novel Madame Bovary.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in.

Our projector is crawling towards the end of its life, making us to look for a new one. We request you to financially support through a one-time or recurring donations to "Cinema Paradiso" (account #105106) or set up for a monthly contribution.

Nina,
 MMC/ CP Group Account# 105106,
mmcauditorium@auroville.org.in

AUROFILM

MIDDLE EAST MINI FILM FESTIVAL

@ MMC Auditorium (Town Hall) on Friday, 21 February

@ Aurolfilm Studio (Kalabhumu)
on Saturday, 22 & Sunday, 23 February

Aurolfilm, a sub-unit of SAIER, is happy to announce its Mini Film Festival focusing on films from the Middle East countries. **Note:** studio in Kalabhumu can accommodate maximum 30 attendees.

Friday, 21 February, @ Cinema Paradiso 19:30 THE SEED OF THE SACRED FIG

(Persian: دباعم ریچنا یهناد) Directed by Mohammad Rasoulof, Iran, Germany, France, 2024

With: Soheila Golestani, Missagh Zareh, Mahsa Rostami, Setareh Maleki, Niousha Akhshi, Amineh Arani

Synopsis: Investigating judge Iman grapples with paranoia amid political unrest in Tehran. When his gun vanishes, he suspects his wife and daughters, imposing draconian measures that strain family ties as societal rules crumble. The fictional narrative is combined with real images of the 2022–2023 protests in Iran that were violently suppressed by Iranian authorities. *Original Persian version with EST. Duration: 2h48'*

Saturday, 22 February, Aurolfilm Studio (Kalabhumu): 3pm: BAB AZIZ (English: The Prince that contemplated his soul)

Directed by Nacer Khemir, Iran, Tunisia, 2005

With: Parviz Shahinkhou, Maryam Hamid Hossein, Panahi Nessim Khaloul

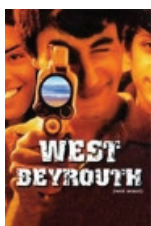
Synopsis: The story of a blind dervish and his spirited granddaughter, Ishtar. Together they wander the desert in search of a great reunion of dervishes that takes place just once every thirty years. With faith as their only guide, the two journey for days through the expansive, barren landscape. *Original Tunisian, Arabic and Persian version with EST. Duration: 1h38'*

5pm: WEST BEIRUT (French: À l'abri les enfants, Arabic: توريب)

Directed by Ziad Doueiri, Lebanon, 1998

With: Rami Doueiri Mohamad, Chamas Rola Al Amin

Synopsis: In April, 1975, civil war breaks out; Beirut is partitioned along a Moslem-Christian line Tarek is in high school, making Super 8 movies with his friend, Omar. At first the war is a lark: school has closed, the violence is fascinating, getting from West to East is a game. His mother wants to leave; his father refuses. Family tensions rise. As he comes of age, the war moves inexorably from adventure to tragedy. *Original Arabic and French version with EST. Duration: 1h45'*



Sunday, 23 February @ Aurolfilm Studio (Kalabhumu): 3pm I STILL HIDE TO SMOKE (French: À mon âge je me cache encore pour fumer)

Directed by Rayhana Obermeyer, France, Greece, Algeria, 2016. With: Hiam Abbass, Fadila Belkebla, Nadia Kaci

Synopsis: Fatima, a strong-minded woman, is the lead masseuse of a hammam in Algiers. This is 1995 and the situation is tense in the capital. The day ahead promises to be hectic for all, and for Fatima in particular. Already, while walking to her place of work, she is the distant witness of a terrorist attack. At the hammam, Fatima should feel better, but the atmosphere proves electric in her small enclosed world, she has great difficulty in maintaining order. *Original Arabic version with EST. Duration: 1h30'*

5pm THEEB (English: Wolf, Arabic: بید)

Directed by Naji Abu Nowar, Jordan, UK, 2014

With: Jacir Eid Al-Hwietat, Hussein Salameh Al-Sweilhiyeen, Hassan Mutlag Al-Maraiyeh

Synopsis: In the Ottoman province of Hijaz during World War I, a young Bedouin boy experiences a greatly hastened coming-of-age as he embarks on a perilous desert journey to guide a British officer to his secret destination.

Premiered in the Horizons section at the 71st Venice International Film Festival in 2014, Awarded for Best Director. Won several other awards and nominations all over the World.

Original version in Hejazi, Arabic and English languages with EST. Duration: 1h40'

Aurolfilm Presents @ Multimedia Centre Auditorium, TH

Friday, 14 February, 8pm

Himalaya (Nepali: हिमालय)

Directed by Éric Valli, France, Nepal, 1999

Music by: Bruno Coulais

Synopsis: Set against the backdrop of the Nepalese Himalayas. At an altitude of five thousand meters in the remote mountain region of Dolpa, and tells the story of villagers who take a caravan of yaks across the mountains, carrying rock salt from the high plateau down to the lowlands to trade for grain. The old chief Tinklé, whose eldest son (Lhapka) has just died inexplicably, refuses to let the young Karma lead the yak caravan, whom he accuses of being responsible for his son's death. Defying the shaman's oracles and Tinklé's anger, Karma raises the caravan, before the ritual date, followed by the young people of the village... This acclaimed film depicts the life style of the upper Dolpo people of the mid western uphills of Nepal and also their traditional customs. The extreme environment of the Himalayas is magnificently contrasted to the delicacy of humanity and the beauty of Tibetan culture.

It was the first Nepalese film to be nominated in the Best Foreign Film category at the 72nd Academy Awards.

Original Dolpo, Nepali version with English subtitles. Duration: 1h48'



Friday, 21 February, 7:30pm

Special screening: as part of the Middle East Mini Film Festival that Aurolfilm presents on the weekend of February 21 to 23

"The Seed of the Sacred Fig"

(Persian: دباعم ریچنا یهناد). Directed by Mohammad Rasoulof, Iran, Germany, France 2024

With: Soheila Golestani, Missagh Zareh, Mahsa Rostami, Setareh Maleki, Niousha Akhshi, Amineh Arani

Synopsis: Its story centers on Iman, an investigating judge in the Revolutionary Court in Tehran, who grapples with paranoia as nationwide political protests due to the death of a young woman intensify and his gun mysteriously disappears, making him distrust his wife and daughters. The fictional narrative is combined with real images of the 2022–2023 protests in Iran that were violently suppressed by Iranian authorities. Shot in secret under the Iranian totalitarian regime, *"this film is as much a political and feminist pamphlet as a relentless thriller, coupled with a sharp study of the family unit. A powerful and necessary work"*

The film was nominated for the Palme d'Or, winning the Special Jury Prize of the 77th Cannes Film Festival. Also at the 97th Academy Awards, it was nominated for Best International Feature Film. *Original Persian version with English subtitles. Duration: 2h48'*

- **Note:** Contributions are very welcome!
Aurolfilm Collection Acc. No. **252658**

Susana and Aurolfilm team

The European House Presents



19 February, 4pm @ MMC Center, Townhall

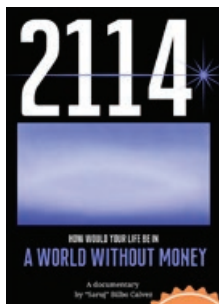
2114—How Would Your Life be in a World Without Money is a documentary that captures the intellectual and artistic journey towards a vision of a world without money.

Through the lens of Bilbo Calvez’s personal journey, her groundbreaking novel SARUJ—Imagine That Money No Longer Exists, and her art project The Bear Soup, it is revealed that a money-free society is not a distant, unrealistic utopia, but a shared dream that lies deep within all of us.

This documentary is a call to action, inviting us to reflect on what could happen if trust and human connection replaced money, governments and borders as the foundation of our society.

The movie will then be followed by playful interactions with the artist herself to, as she likes to say, strengthen our utopian nerve together.

Helena



The European House Presents

OPEN SKY AUTHOR FILM FESTIVAL

Every Sunday in February from 7pm.

The European House is launching its Open Sky Author Film Festival.

- **Sunday, 16 February:** Snatch, Guy Ritchie, England, 2000.

Unscrupulous boxing promoters, violent bookmakers, a Russian gangster, incompetent amateur robbers and supposedly Jewish jewelers fight to track down a priceless stolen diamond. English subtitles. Iris



About N&N

NEWS AND NOTES GUIDELINES

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

Visiting hours: Monday & Tuesday, 10am—12pm

Hard deadline for submissions: Tuesday 3pm

Max size of the poster: Width 9.5cm x Height 4cm

We maintain the right not to publish posters that are bigger than that or have text too small to be read in printer version or to publish them cut, or in icon size, or reformatted in a best way to fit the style of the newspaper.

Roy & Katia (AgniJata),
News & Notes, Media Centre, TH,
NewsAndNotes@auroville.org.in

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

Monday to Saturday	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen —Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

Monday to Saturday	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Emergency Services

Ambulance (24/ 7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/ 7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/ 7): 108